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1 **Title - Life history speed, population disappearances, and**
2 **noise-induced ratchet effects**

3

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14 **Abstract**

15 Nature is replete with variation in the body sizes, reproductive output, and generation times of
16 species that produce life history responses known to vary from small and fast to large and
17 slow. Although researchers recognize that life history speed likely dictates fundamental
18 processes in consumer-resource interactions like productivity and stability, theoretical work
19 remains incomplete in this critical area. Here, we examine the role of life history speed on
20 consumer-resource interactions by using a well used mathematical approach that
21 manipulates the speed of the consumer's growth rate in a consumer-resource interaction.
22 Importantly, this approach holds the isocline geometry intact allowing us to assess the
23 impacts of altered life history speed on stability (coefficient of variation, CV) without changing
24 the underlying qualitative dynamics. Although slowing life history can be initially stabilizing, we
25 find that in stochastic settings slowing ultimately drives highly destabilizing population
26 disappearances, especially under reddened noise. Our results suggest that human-driven
27 reddening of noise may decrease species stability because the autocorrelation of red noise
28 enlarges the period and magnitude of perturbations, overwhelming a species' natural
29 compensatory responses via a ratchet-like effect. This ratchet-like effect then pushes species'
30 population dynamics far away from equilibria, which can lead to precipitous local extinction.

31 **Keywords**

32 Slow-fast, life history, stability, consumer-resource, red noise, stochasticity

33 **Introduction**

34 Life history is a fundamental axis of variation within nature. Researchers have argued
35 cogently that this variation tends to follow a “slow-fast” continuum where slow life histories
36 have small population growth rates (low r), large body sizes, and long generation times while
37 fast life histories have high population growth rates, small body sizes, and short generation
38 times (Savage et al. 2004, Gaillard et al. 2005, Réale et al. 2010, Healy et al. 2019). Indeed,
39 empirical work has found remarkably consistent relationships that suggest body size is a key
40 attribute of life history speed (Fig. 1a; (Peters 1984)). These covarying traits along the “slow-
41 fast” continuum can impact many ecological processes and properties including population
42 growth, ecosystem productivity and stability (Brown et al. 2004, Savage et al. 2004). Given
43 the changing nature of abiotic variation under climate change (Lenton et al. 2017, Di Cecco
44 and Gouhier 2018) and the increasing propensity for fast life histories under global change
45 (Audzijonyte et al. 2016, Couet et al. 2022), understanding how life history speed governs the
46 ability for organisms and whole communities to persist (i.e., retain densities well above zero)
47 is critical.

48 Theory has begun to unpack how population life history “speed” may tie into stability, with
49 initial findings of fast and slow life histories amplifying or muting noise respectively.
50 Specifically, research has found that because of the high population growth rates, faster life
51 history organisms tend to produce over-compensatory dynamics (i.e., overshoot the
52 equilibrium) and instability compared to slower organisms (Stone 1993, Gellner and McCann
53 2016). In contrast to fast organisms, slow organisms, with longer lives, buffer noise and thus
54 maintain high stability. Consistent with this, empirical research has found negative
55 correlations between population variability (one measure of stability) and both body size and
56 generation time, and positive correlations between population variability and growth rates
57 across multiple taxa and kingdoms (Gaston and Lawton 1988, Rip and McCann 2011,
58 Májková et al. 2014, Röpke et al. 2021). Taken altogether, larger and slower organisms
59 appear capable of buffering noise better than small and fast organisms.

60 Nonetheless, while large slow-growth organisms may be able to buffer perturbations, this
61 same potentially stabilizing slow growth response can be destabilizing when perturbations are
62 large enough to push population densities far away from the equilibrium (Sæther et al. 2013,
63 Gamelon et al. 2014). Once a slow-growth species is pushed away from the equilibrium, the
64 species becomes subject to the vagaries of different nonlinear dynamics (hereafter referred to
65 as non-local nonlinear dynamics, see Box 1) that can fundamentally alter the outcome of the
66 system including taking the dynamics close to zero or local extinction (Sæther et al. 2013,
67 Gamelon et al. 2014). On the other hand, small fast-growing species may be less likely to be
68 pushed far away from equilibrium because their rapid growth responses can keep them closer
69 to equilibrium and local dynamic properties. These results suggest complex slow-fast life
70 history stability responses such that some aspects of life history speed are beneficial (e.g.,

71 large and slow can buffer a perturbation) but also produces costs (e.g., large and slow growth
72 can be detrimental once the population is pushed away from local equilibrium dynamics).
73 Consequently, more research is required to understand how stability manifests along the
74 slow-fast life history continuum.

75 Another related factor that will impact stability along the slow-fast continuum is the color of the
76 stochastic noise (see Box 1 for definition). Climate change is known to be reddening
77 environmental noise by increasing the spatial and temporal autocorrelation of climate
78 variables (Lenton et al. 2017, Di Cecco and Gouhier 2018) which then can act to lengthen
79 periods of suboptimal conditions for organisms (Schwager et al. 2006). Under extended
80 suboptimal conditions, populations can be driven to smaller and smaller numbers thus often
81 hastening local extinction (Schwager et al. 2006). In a sense, these extended suboptimal
82 conditions are akin to large perturbations (although each individual noise event is small). By
83 pushing an organism's dynamics far from an equilibrium, red noise is then also likely to cause
84 non-local nonlinear dynamics. In this latter case, although not well explored, these
85 autocorrelated perturbations could even lead beneficial perturbations to drive strong nonlinear
86 effects that eventually produce local extinction (e.g., consumer increases in a consumer-
87 resource interaction can lead to overshoot and dangerously low densities). These collective
88 theoretical results suggest a complex range of dynamical responses that demand further
89 understanding.

90 Towards understanding the complex responses of stochastic models, Higgins et al. (1997)
91 pointed out that the dynamics of an underlying deterministic model are critical to
92 understanding the full stochastically forced model. Through decomposing a stochastic
93 population model of Dungeness crab into a deterministic model (the deterministic skeleton,
94 see Box 1) and a stochastic process, Higgins et al. (1997) found that empirical observations
95 matched the novel responses produced from the interaction of the density-dependent
96 dynamics and stochasticity. Similarly, the qualitatively different dynamics of the deterministic
97 consumer-resource (C-R) model can explain the qualitatively different stochastic dynamics.
98 For example, weakly interacting deterministic C-R models are known to produce non-
99 excitable monotonic dynamics (i.e., the deterministic equilibrium is stable with real
100 eigenvalues) that when perturbed tend to simply produce noisy equilibrium dynamics (Pineda-
101 Krch et al. 2007, Gellner et al. 2016). As the stochastic dynamics suggest, the monotonic
102 deterministic skeleton is aptly named non-excitable. In contrast, as the C-R interactions are
103 strengthened, the deterministic equilibrium begins to show excitable dynamics with decaying
104 cycles to the equilibrium (i.e., the deterministic equilibrium is stable with complex
105 eigenvalues). Here, stochastic perturbations now tend to excite the underlying density
106 dependent frequencies of the deterministic C-R skeleton producing stochastic cycles or quasi-
107 cycles (Gellner et al. 2016). Again, the dynamics of the underlying deterministic skeleton is
108 critical to understanding the full stochastic model.

109 Here, towards synthesizing the responses of slow-fast life histories to perturbations, we
110 examine how stability (i.e., defined as the coefficient of variation, CV (Hsieh et al. 2006,
111 Garibaldi et al. 2011)) is influenced by life history speed along the slow-fast continuum.
112 Specifically, we examine the C-R interaction – a fundamental building block of whole
113 communities – because it has been well described by allometric arguments that are
114 conducive to slow-fast theory (Yodzis and Innes 1992, Brose et al. 2006). We alter the
115 consumer’s life history speed using a common mathematical scaler (ε) employed for the
116 analysis of slow-fast mathematical systems (Hsu and Wolkowicz 2020, Poggiale et al. 2020).
117 The parameter, ε , allows us to mimic known variation in growth rates (Fig. 1a,b) and to alter
118 the life history speed while maintaining the underlying qualitative dynamical conditions (i.e.
119 the isocline geometry of the C-R model is preserved when changing ε alone). We employ this
120 model over a range of white to red noise perturbations (Fig. 1c). Finally, we vary the C-R
121 interaction strength (i.e. energy flux via consumer conversion efficiency, e) to explore both the
122 non-excitable and the excitable deterministic skeletons (Fig. 1c). In doing so, we cover a
123 broad range in the underlying deterministic skeleton and seek a general answer to the role
124 slow-fast life histories play in stability. Overall, we show that life history speed drives a range
125 of stability responses to noise. In particular, slow life histories are especially sensitive to non-
126 local nonlinear dynamics and population disappearances when perturbed by reddened noise.

Box 1 Key terms and definitions

Deterministic skeleton: The deterministic skeleton mathematically describes the processes of interest in the system being modeled. These are usually a dynamical system (e.g., ordinary differential equation or difference equations) and are effectively the model without stochastic processes (Boettiger 2018).

Noise/Stochasticity: In ecology, noise is considered to be whatever we do not understand in the system (Coulson et al. 2004, Boettiger 2018). Modelers add stochastic (random) noise to the deterministic skeleton. The interaction between the deterministic skeleton and noise can generate radically different dynamical responses, providing key insights into ecological phenomena (see review by Coulson et al. (2004)).

Red & white noise: Noise from time points close together that are similar to each other (positive autocorrelation) is classified as red noise. Red noise is the opposite of blue noise where noise from time points close together are completely different (negatively autocorrelated). White noise lies between red and blue noise, that is, noise from time points close together are neither always similar nor always different (i.e. neither positively nor negatively autocorrelated).

Stability: Here, we define stability in terms of persistence where increasing the lower limit of population density away from zero increases stability/persistence (general stability in McCann (2000)). Notably, the lower a population's density is the greater the likelihood that a stochastic process can push it to local extinction. The coefficient of variation (CV) is a common theoretical and empirical metric that normalizes standard deviation relative to the mean and so is a good metric for general stability (see Fig. 1c and (Hsieh et al. 2006, Garibaldi et al. 2011)). A high standard deviation relative to a low mean means that the population necessarily attains a very low density where risk of collapse is high.

Non-local nonlinear dynamics: Nonlinear dynamics occur in systems that react disproportionately to initial conditions or a small perturbation. These dynamics can include chaos and limit cycles. In this study, we differentiate between local and non-local nonlinear dynamics. Local nonlinear dynamics are dynamics when system trajectories are close to the equilibria in phase space. Non-local nonlinear dynamics are dynamics when system trajectories are far from equilibria.

Quasi-cycle: Quasi-cycles are a type of dynamic behaviour that occur when stochasticity resonates with damped oscillations surrounding an interior equilibrium (Pineda-Krch et al. 2007, Boettiger 2018, Hastings et al. 2021). Frequencies in the stochastic noise that most closely resemble the period of the damped oscillations are amplified. Thus, a power spectrum

would show all frequencies with the frequency of the damped oscillations having the highest power (Pineda-Krch et al. 2007).

Quasi-canard: Quasi-canards are another type of dynamic behaviour that occur when stochasticity induces a pattern similar to a deterministic canard. A deterministic canard occurs when a system's solution follows an attracting state space area (manifold), passes over a critical point along this manifold, and then follows a repelling manifold (Touboul et al. 2015). In the C-R model, the canard solution slowly follows the resource isocline (the attracting manifold) until the maximum point of the isocline is reached (the critical point), then the solution quickly jumps to the consumer axis before slowly following the consumer axis (the repelling manifold). Finally, the solution quickly jumps back to the resource isocline and repeats the canard cycle. When stochasticity is introduced, trajectories combine both small oscillations around the equilibria and large relaxation oscillations qualitatively similar to deterministic canards. Generally, these patterns are called mixed mode oscillations (Touboul et al. 2015). However, we use the term quasi-canards in this study to evoke the importance of stochastic noise similar to the importance of stochastic noise in quasi-cycles.

127 Methods

128 **Model**

129 In this study, we used the classic Rosenzweig-MacArthur consumer-resource (C-R) model

$$130 \frac{dR}{dt} = rR \left(1 - \frac{R}{k} \right) - \frac{aRC}{1+ahR} \quad (1)$$

$$131 \frac{dC}{dt} = \frac{eaRC}{1+ahR} - mC \quad (2)$$

132 where r is the intrinsic growth rate of the resource (R), k is the carrying capacity of the
133 resource, a is the attack rate of the consumer (C), e is the efficiency or conversion rate of
134 consumed resources into new consumers, h is the handling time, and m is the consumer
135 mortality.

136 Previous exploration has illustrated the multiple bifurcations and different dynamics of this
137 model (Rosenzweig 1971, Rip and McCann 2011). The bifurcations are dictated by the ratio
138 of energy entering and exiting the consumer (the relative energy flux of the consumer as
139 defined by (Rip and McCann 2011)). This energy flux can be shown as an equation:

140
$$\frac{k a e}{m} \tag{3}$$

141 As the energy entering the consumer increases relative to the energy exiting the consumer
142 (the numerator of (3) increases relative to the denominator), the first bifurcation is a
143 transcritical bifurcation (switching of stable points) creating a stable interior equilibrium (see
144 Fig. 1c). At first, this equilibrium is monotonic but then exhibits damped oscillations. The next
145 bifurcation is a Hopf bifurcation (the stable interior equilibrium becomes unstable) leading to
146 periodic cycling. The mathematics underlying the shift from monotonic to dampened
147 oscillations for the stable interior equilibrium is a shift in eigenvalues from real (no imaginary
148 part) to complex (with an imaginary part). Gellner et al. (2016) termed these two regions the
149 non-excitable region and the excitable region respectively (see Fig. 1c). In all analyses below,
150 we vary energy flux by manipulating e while keeping k , a , and m constant.

151 Now, to manipulate the life history of the consumer, we added the parameter ε to the
152 consumer equation. The consumer is fast when $\varepsilon \approx 1$ and slow when $\varepsilon \ll 1$.

153
$$\frac{dC}{dt} = \varepsilon \left(\frac{e a R C}{1 + a h R} - m C \right) \tag{4}$$

154 Because ε scales the consumer's intrinsic growth rate ($e \cdot a_{max} - m$ where a_{max} is $1/h$, see S.I.
155 Section "Scaling of the consumer growth rate by ε ") but preserves the isocline geometry of the
156 C-R model, we can manipulate the life history of the consumer along a slow-fast continuum
157 (relative to the resource) (Fig. 1a) while controlling the underlying deterministic skeleton.

158 For all analyses, $r = 2.0$, $k = 3.0$, $a = 1.1$, $h = 0.8$, and $m = 0.4$.

159 **Stability along the slow-fast continuum**

160 We used the coefficient of variation to measure stability as the consumer's life history was
161 varied from fast to slow ($1/\varepsilon$ was varied from 1.0 to 1000). We used a flow-kick approach to
162 add stochasticity (versus a stochastic ordinary differential equation approach) (Meyer et al.
163 2018). In this flow-kick approach, we kick the consumer variable every unit of time and let the
164 model flow (integrate) without noise until the next kick. The kick is generated from normally
165 distributed noise (with mean 0.0 and standard deviation 0.01). For each value of $1/\varepsilon$, we ran
166 50 simulations of 24,000 time units (package DifferentialEquations.jl v6.20.0, Algorithms:
167 Vern7 & Rodas4 with automatic stiffness detection). From these simulations, for each value of
168 $1/\varepsilon$, we calculated the average coefficient of variation (CV) after removing the first 2000 time
169 units. We did this for the efficiency values (e) of 0.5 (non-excitable deterministic dynamics
170 with real eigenvalues) and 0.71 (excitable deterministic dynamics with complex eigenvalues).
171 Note, any simulations that landed on the axial solution were removed from the average
172 coefficient of variation calculation. The axial solution is where the resource isocline intersects

173 the Consumer = 0 axis or in other words, where the consumer goes extinct and the resource
174 is at its carrying capacity.

175 To unpack the CV result as the consumer's life history is slowed, we examined the dynamical
176 behaviours that drove the change in CV. Three general dynamical behaviours occur
177 depending on whether the C-R interaction is excitable (complex eigenvalues) or non-excitable
178 (completely real eigenvalues) (see Fig. 2a). The first dynamical behaviour is quasi-cycling and
179 occurs only when the C-R interaction is excitable (see Box 1 and Fig. 2b). Quasi-cycling
180 occurs when stochastic perturbations resonate with the excitability of the C-R model to extend
181 the range of cyclic dynamics (see Box 1 and (Pineda-Krch et al. 2007, Gellner et al. 2016)).
182 Compared to the deterministic limit cycles, these quasi-cycles generally do not threaten
183 persistence because quasi-cycles exhibit small variation. Nevertheless, because slowing the
184 consumer's life history reduces the excitability of the C-R interaction (see S.I. Section
185 "Slowing the consumer decreases excitability"), we may see an impact of slowing the
186 consumer's life history on the stability (CV) of the C-R interaction. The second dynamical
187 behaviour is quasi-canards which can happen for both excitable and non-excitable C-R
188 interactions (see Box 1 and Fig. 2b). A quasi-canard is similar to a deterministic canard which
189 is a type of relaxation oscillation. This deterministic canard occurs after the Hopf bifurcation
190 (i.e. at a phase plane position to the left of the resource isocline maximum) and does not
191 require stochastic noise (Poggiale et al. 2020). In contrast, a quasi-canard occurs before the
192 Hopf bifurcation (i.e. at a phase plane position to the right of the resource isocline maximum)
193 and requires stochastic noise (see Box 1). The stochastic noise combined with the slow life
194 history increases the occurrence of visits to the relaxation oscillator. Because quasi-canard
195 trajectories are quite large, stability will decrease markedly (i.e. CV will increase). The third
196 dynamical behaviour is what we term stretched wandering and occurs for non-excitable C-R
197 interactions only (see Fig. 2b). The dynamics are stretched along the resource isocline with
198 no obvious cycling.

199 **Quasi-cycles**

200 To examine how slowing the consumer's life history impacted quasi-cycles, we ran 100
201 simulations each of the C-R model with $1/\epsilon$ values of 1 and 10 and where, again using the
202 flow-kick approach, the consumer variable was perturbed every time unit with normally
203 distributed noise (with mean 0.0 and standard deviation 0.01) (package
204 DifferentialEquations.jl v6.20.0, Algorithms: Vern7 & Rodas4 with automatic stiffness
205 detection). To examine the initial decrease in CV as the consumer's life history was slowed,
206 we chose $1/\epsilon$ values of 1 and 10. We calculated the autocorrelation of the last 1000 time units
207 of each simulation for lags between 0 and 40 (function autocor, package StatsBase v0.33.13).
208 The lag is the number of time units that the original time series is shifted to calculate the
209 autocorrelation. We then calculated the average autocorrelation value for each lag across the
210 100 simulations for each simulation set with a different $1/\epsilon$ value. We did this for the efficiency

211 values (e) of 0.5 (non-excitable) and 0.71 (excitable). As suggested by Pineda-Krch et al.
212 (Pineda-Krch et al. 2007), we used autocorrelation to identify the occurrence of quasi-cycles.
213 An autocorrelation function (ACF) generated from quasi-cycles would show pronounced
214 amplitude oscillations that decrease in amplitude with increasing lags. No oscillations in the
215 ACF indicate that quasi-cycles are not occurring and constant ACF oscillations indicate noisy
216 period cycling. An ACF with smaller damped oscillations indicates that the periodicity of the
217 quasi-cycles is being removed. Note, that in our ACF figures, the mean of each time series
218 was removed from each time point value. In the ACF figures in Pineda-Krch et al. (Pineda-
219 Krch et al. 2007), the mean of each time series was not removed from each time point value.
220 Thus, our ACF figures look different (our ACF scale goes from -1 to 1 whereas the scale used
221 by Pineda-Krch et al. (Pineda-Krch et al. 2007) goes from 0.95 to 1). Our method makes
222 spotting the damped oscillations easier.

223 **Quasi-canards**

224 To examine how slowing the consumer's life history impacted quasi-canards, we examined
225 the prevalence of quasi-canards in stochastically perturbed simulations of the C-R model with
226 varying ε and efficiency values. First, we examined the prevalence of quasi-canards under
227 white noise stochasticity. We ran 1000 simulations with 24,000 time units for each value of $1/\varepsilon$
228 varied from 6.667 to 1000, where, using the flow-kick approach, the consumer variable was
229 perturbed every time unit with normally distributed noise (with mean 0.0 and standard
230 deviation 0.01) (package DifferentialEquations.jl v6.20.0, Algorithms: Vern7 & Rodas4 with
231 automatic stiffness detection). Our lower bound for $1/\varepsilon$ was set at 6.667 because no quasi-
232 canards can be found below this point. This was done for efficiency values (e) of 0.5 (non-
233 excitable) and 0.71 (excitable). For each combination of ε and efficiency value, we calculated
234 the proportion of simulations that exhibited at least one quasi-canard. To calculate the
235 proportion of simulations with quasi-canards, we created an algorithm to check whether a
236 time series contained a quasi-canard. More details of this algorithm can be found in the
237 Supporting Information (S.I. section "Explanation of quasi-canard finder algorithm"), but in
238 short the algorithm includes a return map at the maximum point of the resource isocline which
239 canards and quasi-canards must pass through. The algorithm also includes boxes along the
240 attracting and repelling manifolds (the right side of the resource isocline and the consumer
241 axis respectively) through which a quasi-canard should pass.

242 Second, we examined how reddened noise impacts the prevalence of quasi-canards. For two
243 values of $1/\varepsilon$ (12.66 and 250.0) and for two values of efficiency (0.5 and 0.71), we varied the
244 stochasticity from white to red noise and measured the proportion of simulations that
245 exhibited at least one quasi-canard. Note, we also measured the proportion of simulations
246 that exhibited no quasi-canards but landed on the axial solution (where the consumer goes
247 extinct and the resource is at its carrying capacity) because landing on the axial solution
248 readily occurs under red noise. We ran 1000 simulations with 6,000 time units for each value

249 of $1/\varepsilon$, efficiency, and noise autocorrelation (package DifferentialEquations.jl v6.20.0,
250 Algorithms: Vern7 & Rodas4 with automatic stiffness detection). We used an autoregressive
251 model of order 1 (AR_1) to create reddened noise with autocorrelation varying from 0 (white
252 noise) to 1 (red noise). We scaled the variance of the red noise to the variance from the
253 original white noise using the technique in Wichmann et al. (Wichmann et al. 2005) where the
254 ratio of white noise to red noise variances scales individual noise values in the red noise
255 sequence.

256 All analyses were done using julia version 1.7.0. (Bezanson et al. 2017)

257 **Results**

258 **Stability along the slow-fast continuum**

259 When the C-R model is non-excitable ($e = 0.5$), slowing the consumer's life history increases
260 the coefficient of variation (Fig. 3). Slowing the consumer's life history changed the dynamical
261 behaviour from stretched wandering to quasi-canards. When the C-R is highly excitable ($e =$
262 0.71), slowing the consumer's life history initially decreases then increases the coefficient of
263 variation (Fig. 3). Reducing life history speed is first modestly stabilizing, in effect removing
264 the oscillatory potentials of the underlying excitable model. Further slowing of life history
265 generates large increases in CV that likely produce population disappearances ($R \approx 0$ during
266 trajectories) due to quasi-canards.

267 **Quasi-cycles**

268 When the C-R model is non-excitable ($e = 0.5$), quasi-cycles are never found regardless of
269 how slow the consumer's life history is (Fig. 4 a, c, & e). In contrast, when the C-R model is
270 highly excitable ($e = 0.71$) quasi-cycles are found when $1/\varepsilon = 1.0$ (Fig. 4b & d). With a slowing
271 of the consumer's life history (now $1/\varepsilon = 10$), the average autocorrelation function (ACF) line
272 flattens out indicating reduced manifestation of quasi-cycles (Fig. 4b & f).

273 **Quasi-canards**

274 When the C-R model is non-excitable ($e = 0.5$), quasi-canards can be found under white
275 noise but require a very slow consumer life history (Fig. 5a). When the C-R model is highly
276 excitable ($e = 0.71$), quasi-canards can be easily found along the gradient of fast to slow
277 consumer life histories (Fig. 5b). Reddening the noise increases the likelihood of finding both
278 quasi-canards and the axial solution regardless of the consumer's life history (Fig. 5 c, d, e, f).
279 Note for a highly excitable C-R interaction, landing on the axial solution is less likely than for a
280 non-excitable C-R interaction because there is more phase space that the dynamics must
281 traverse through. Slowing the consumer's life history down increases the likelihood of the
282 highly excitable C-R interaction landing on the axial solution.

283 **Discussion**

284 Using the simple technique of changing the time scales within the Rosenzweig-MacArthur
285 consumer-resource (C-R) model, we set up a biologically motivated mathematical experiment
286 exploring the stability of faster and slower consumer life histories under white to red
287 stochastic noise. Here, we experimentally manipulated the consumer's intrinsic growth rate
288 while maintaining the underlying qualitative dynamical conditions. When the energy flux is
289 high, we find that initially slowing the consumer's life history increased stability through
290 reduced manifestation of quasi-cycles (alternatively, when energy flux is low, slowing the
291 consumer's life history always decreased stability). However, further slowing the consumer's
292 life history decreased stability through increasing the likelihood of quasi-canards and
293 population disappearances. Furthermore, we found that increasing the autocorrelation of
294 noise tended to increase the likelihood of quasi-canards and population disappearances.
295 Finally, Yodzis & Innes's (1992) biologically plausible C-R model similarly exhibits quasi-
296 canards (see S.I. Section "Biologically plausible parameters" & S.I. Fig. 5). Consequently, our
297 results are general and suggest that such instability ought to occur under increasingly
298 reddened perturbations arising from climate change.

299 Our results illuminate a gradient in stability along the slow-fast life history continuum that is
300 dependent on energy flux. If the C-R interaction is highly excitable, initial slowing of the
301 consumer's life history can increase stability. Stability increases because slowing the
302 consumer reduces the excitability of the C-R interaction which reduces the manifestation of
303 the quasi-cycles (see S.I. Section "Slowing the consumer decreases excitability"). If the C-R
304 interaction is non-excitable or moderately excitable, initial slowing of the consumer's life
305 history decreases stability (although slowing the consumer's life history does reduce quasi-
306 cycles for the moderately excitable C-R interaction). Here, perturbations push a slow growth
307 consumer away from the equilibrium and thus the coefficient of variation continually
308 increases. For all types of C-R interaction, when the consumer's life history is sufficiently
309 slow, additional perturbations multiply the effect of each perturbation resulting in a consumer
310 biomass that is "far from equilibrium" and prone to the distant nonlinear effects of the C-R
311 dynamics (i.e, the quasi-canard). Overall, there appears to be a gradient in stability along the
312 slow-fast life history continuum that is mediated by energy flux.

313 The combination of life history and red noise significantly increased the opportunities for non-
314 local nonlinear dynamics to be expressed. Reddening the noise in our C-R model increased
315 the likelihood of quasi-canards (and landing on the axial solution) for both fast and slow
316 organisms. Furthermore, the onset of quasi-canards occurred with less autocorrelation for
317 faster organisms. To understand this pattern, we must examine the relative time scales of the
318 autocorrelation and the system population processes (Boettiger 2018). Slowing the life history
319 is effectively increasing the time scale of the population response processes, and thus the
320 system will stay for longer in the phase space region the system was pushed into after a

321 perturbation. Increasing the autocorrelation increases the time scale of the perturbations, and
322 thus the perturbations are effectively magnified over time.

323 To unpack the idea of the magnification of the perturbations, we can use similar research on
324 how multiple discrete disturbances can kick dynamics out of basins of attraction to produce
325 different dynamical outcomes (flow-kick dynamics: Meyer et al. (2018)). In the flow-kick
326 framework, models are kicked at discrete time points and are allowed to flow (integrate)
327 without kicks in between the discrete time points. Meyer et al. (2018) found that rare but large
328 disturbances can have the same effect as frequent and small disturbances. Reddened noise
329 is technically lots of frequent and small disturbances (the kicks in flow-kick dynamics). But
330 because of the autocorrelation pushing dynamics far from their attracting equilibria, reddened
331 noise has the same effect as a large disturbance. Furthermore, slowing life histories reduces
332 the relative time available for organisms to respond to the disturbances (the flow in flow-kick
333 dynamics), thus pushing dynamics far from their attracting equilibria.

334 Overall, we can use the analogy of a rusty ratchet to understand how slow life histories and
335 reddened noise interact. White noise is akin to a ratchet that can spin in any direction (without
336 a pawl), and red noise is akin to a ratchet with a pawl that can spin in only one direction for a
337 period of time (Fig. 6). Because the reddened noise has a tendency to produce similar values
338 for a period of time, reddened noise consistently pushes the dynamics of the C-R model far
339 from the local area around the stable equilibrium. Whereas the fast life history is akin to oil in
340 the ratchet, the slow life history is akin to rust in the ratchet which slows the spinning speed
341 and thus increases the time required for trajectories to return to the local area around the
342 equilibrium. To describe this process, we use the term noise-induced ratchet effects inspired
343 by the rate-induced critical transition literature (Siteur et al. 2016, Vanselow et al. 2019). In a
344 rate-induced critical transition, canards can be produced when the equilibrium shifts at a slow
345 rate. The dynamics enter non-local non-linear dynamics because the equilibrium has been
346 pulled from under the dynamics. For the quasi-canard, the dynamics enter non-local non-
347 linear dynamics because the dynamics have been pushed by the noise (thus quasi-canards
348 are noise-induced critical transitions). When slow life histories are combined with red noise,
349 we get noise-induced ratchet effects.

350 Our finding that slow life histories with stochasticity can exhibit sudden population
351 disappearances is a further example of how stochasticity is immensely useful in ecological
352 research to understand the full nonlinear dynamics of ecosystems (Higgins et al. 1997,
353 Boettiger 2018, Hastings et al. 2021). First, stochasticity can act to uncover underlying
354 processes (Boettiger (2018) coined the phrase *noise the informer* for this phenomenon).
355 Similar to quasi-cycles where stochastic resonance is visible in advance of a Hopf bifurcation,
356 the quasi-canards also occur in advance of the Hopf bifurcation after which deterministic
357 canards occur. Although noise has the same effect of uncovering an imminent Hopf
358 bifurcation leading to either deterministic cycles or canards, the mechanisms producing the

359 quasi-cycles and quasi-canards are different. The quasi-cycles are created from stochasticity
360 interacting with local nonlinear dynamics (excitability). The quasi-canards are created from
361 slow life histories plus reddened noise pushing dynamics towards non-local nonlinear
362 dynamics.

363 Second, stochasticity can cause different stability outcomes from what our normal linear
364 stability analysis would predict. Indeed, linear stability analysis would not have predicted the
365 highly destabilizing behaviour of slow consumers that we found. One method to reveal these
366 differences in stability is through using the mathematical tools of the potential function or
367 quasi-potential which can be simplified conceptually to the ball and cup analogy (Nolting and
368 Abbott 2016). In this analogy, the state of a system is the position of the ball rolling around a
369 surface (the cup) with minima being attractors. The potential and quasi-potential are the cup.
370 The potential function can be found for any system that exhibits solely fixed point attractors
371 (gradient systems). Quasi-potentials can be found for gradient and non-gradient systems (the
372 C-R model is a non-gradient system because it exhibits cycling). The quasi-potentials for our
373 model show the stretching of the quasi-potential along the resource isocline due to
374 stochasticity with low efficiency and a fast consumer life history, then the quasi-canard shape
375 when efficiency is large enough, and finally the flattening of the quasi-potential quasi-canard
376 shape with a slow consumer life history (see S.I. Fig. 6). Linear stability analysis would solely
377 focus on the tiny region around the intersection of the consumer and resource isoclines. In
378 contrast, the flattened quasi-potentials reveal other possible dynamics (quasi-canards) in
379 addition to the stable interior equilibrium. Overall, stochasticity can reveal dynamical
380 outcomes not predicted by normal linear stability analysis.

381 **Conclusion**

382 By varying growth rates along the slow-fast life history continuum within the classic
383 Rosenzweig-MacArthur model, we have shown that life history has interesting stability
384 consequences for the system. Slowing the life history can initially increase stability up to a
385 point in the face of many tiny perturbations, but further slowing can dramatically decrease
386 stability and increase the potential for highly variable dynamics and population
387 disappearances. Noise-induced ratchet effects occur when positively correlated noise is
388 added to an already slowed consumer. This noise-induced ratchet effect is another
389 mechanism that selects against slow life histories leading to greater proportions of species
390 with fast life histories. Our study examines a single C-R interaction, which is a fundamental
391 component of food web theory. Moving forward, the interaction of many more organisms with
392 varying life histories is required for a more comprehensive understanding of life history and
393 stability. Furthermore, other examples of non-local nonlinear dynamics should be explored,
394 especially in the context of slow life histories and reddened noise. Taken together, we have
395 shown how life history along the slow-fast life history continuum can impact the stability of

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396 systems and shown how human-caused reddened noise will disproportionately impact slow
397 living organisms through noise-induced ratchet effects and population disappearances.

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405 McCann.

406 **Author Contributions**

407 All authors contributed to the idea generation and analysis of the model. CJGG wrote the first
408 draft and all authors contributed to editing the manuscript.

409 **Code accessibility**

410 All code to reproduce the above analyses and figures are publicly available on [GitHub](#) and
411 have been archived on [Zenodo](#) (version 2.0).

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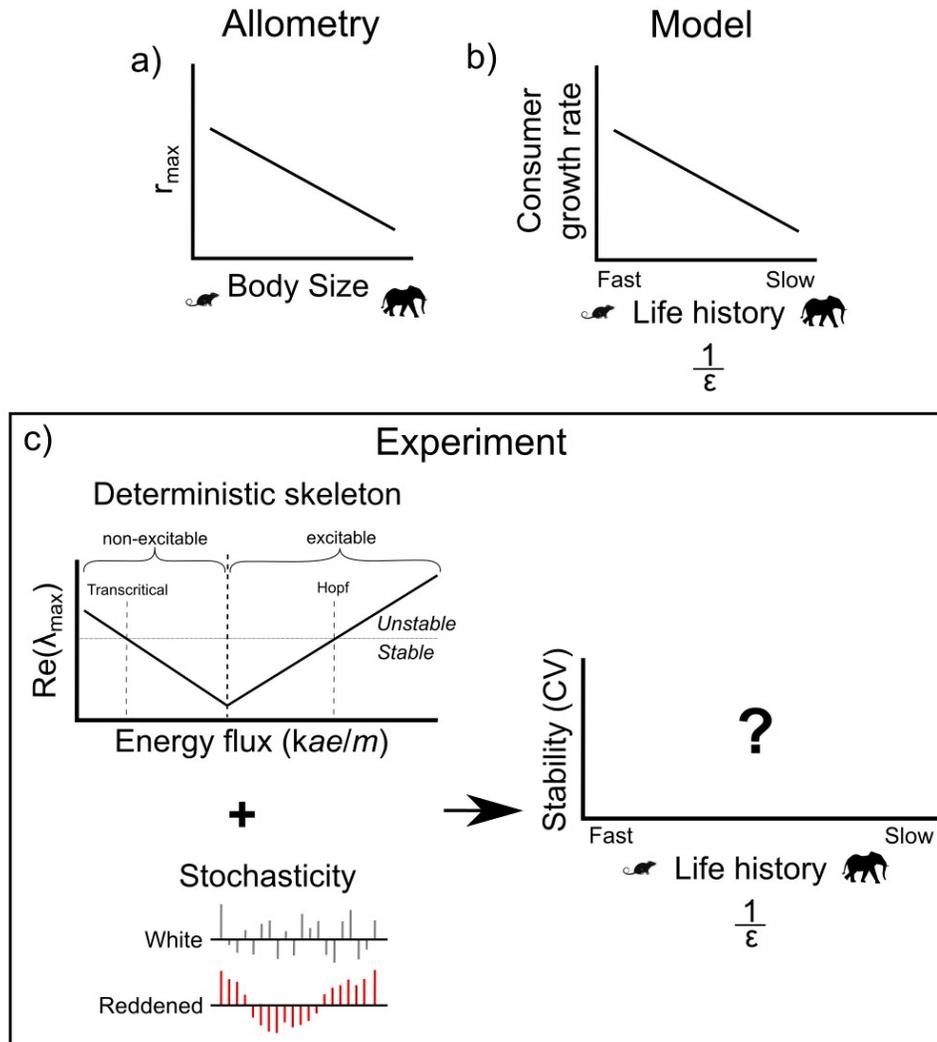
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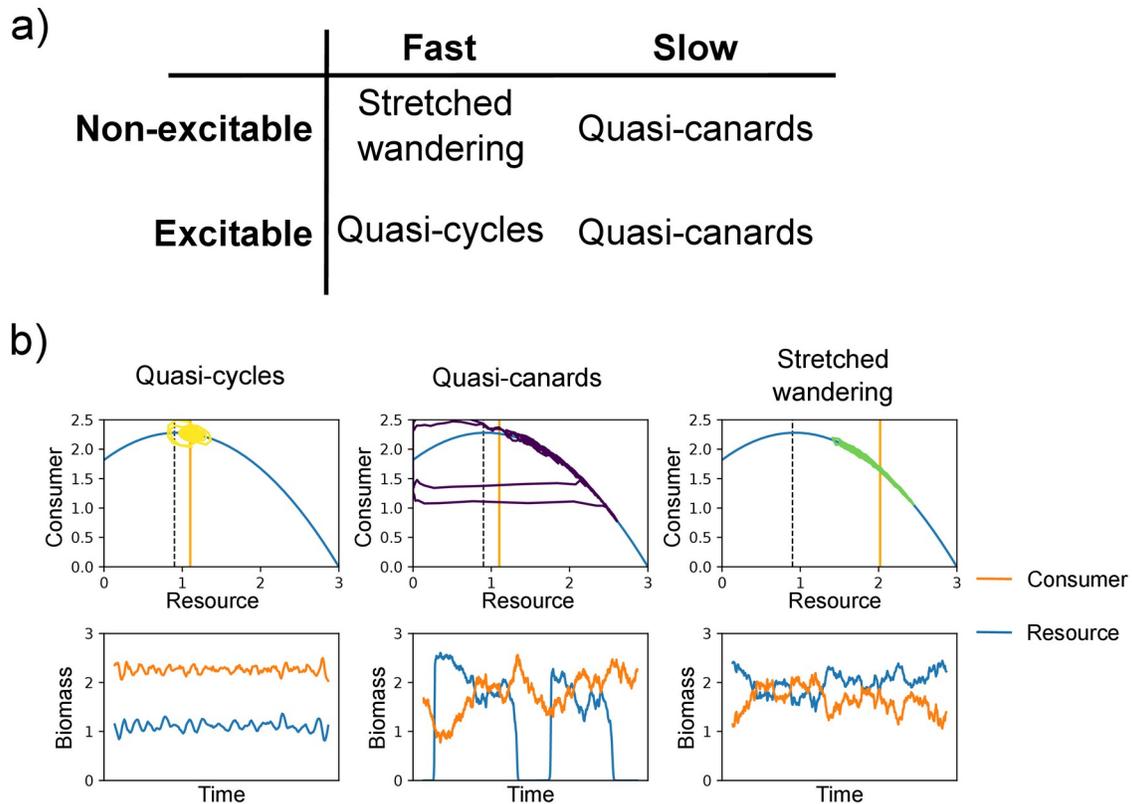
414 **Figures**



416 Figure 1 a) The empirical relationship between body size and population growth rate (r_{max})
 417 shows the existence of slow-fast life histories (e.g., Savage et al. (Savage et al. 2004)). b) In
 418 our consumer- resource model, we use the parameter ϵ to scale the consumer’s growth rate
 419 to replicate the empirical relationship between body size and growth rate. ϵ scales the
 420 consumer equation such that the consumer growth rate decreases with increasing $1/\epsilon$
 421 producing a fast to slow life history continuum. This method simultaneously holds the isocline
 422 arrangement constant and so is an experiment that changes “life history speed” in and of

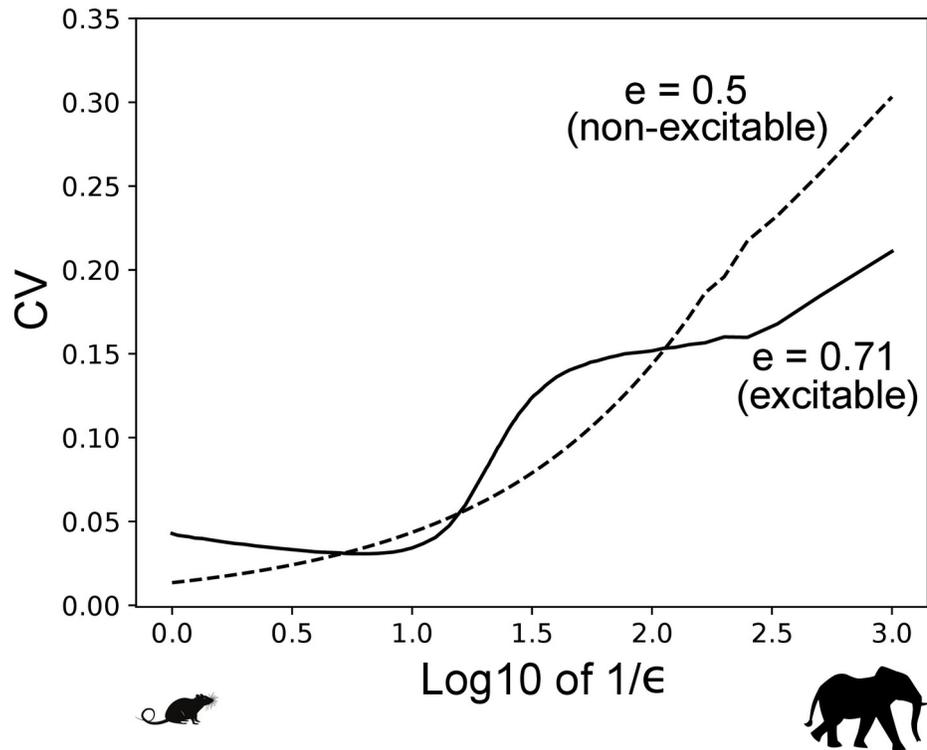
423 itself. c) To explore the impacts of life history speed, we will examine how slowing the
 424 consumer's life history through $1/\epsilon$ impacts the stability of the C-R interaction (using
 425 coefficient of variation). Stochastic perturbations, from white to reddened, will be added to the
 426 consumer. Because we know that the underlying deterministic skeleton interacts with noise in
 427 different ways (Pineda-Krch et al. 2007, Gellner et al. 2016), we will manipulate the consumer
 428 energy flux via the efficiency parameter (e) to produce the non-excitable (i.e., real
 429 eigenvalues, monotonic dynamics) and excitable (i.e., complex eigenvalues, oscillatory decay
 430 dynamics) deterministic skeletons.

431



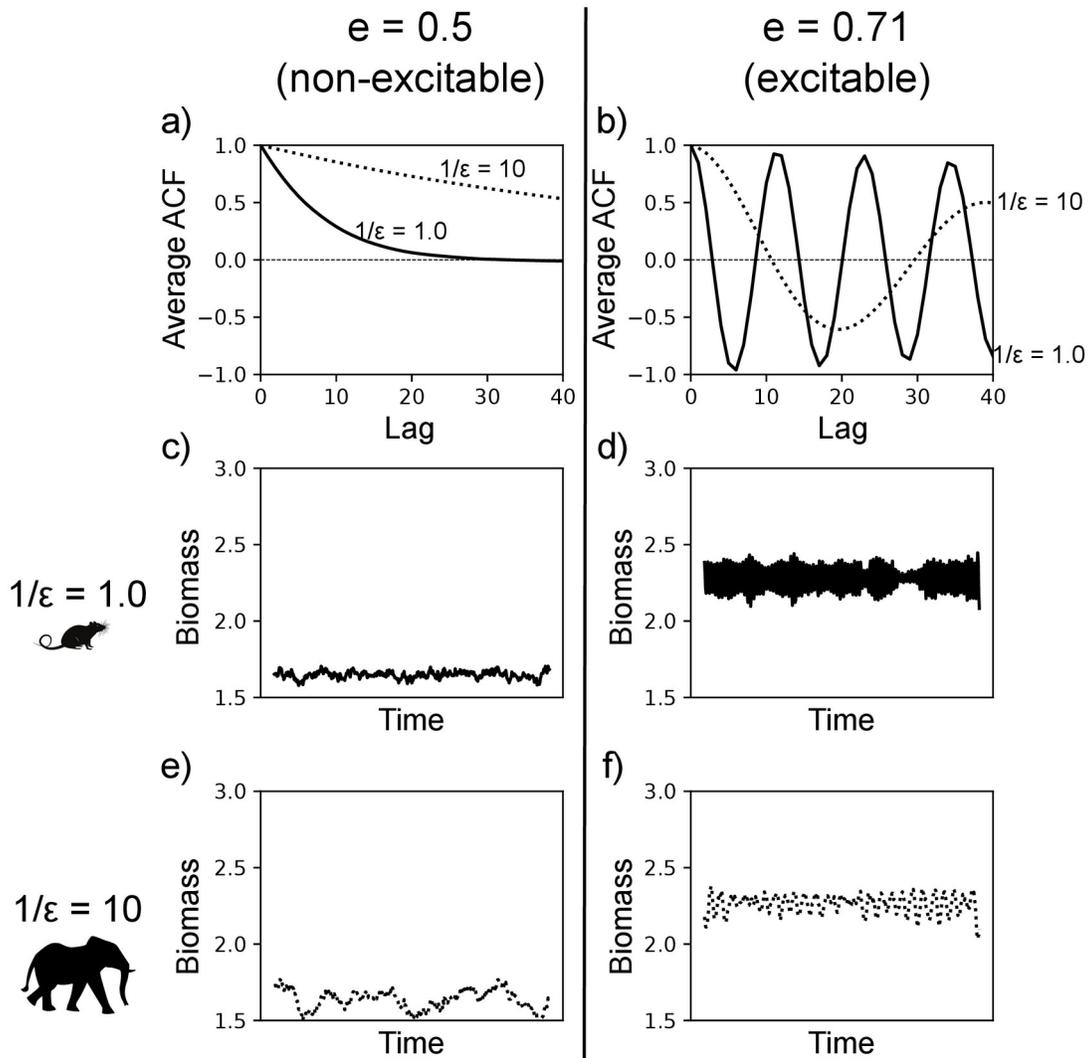
432 Figure 2 a) Table of dynamical behaviours when the C-R interaction is non-excitable and
 433 excitable and when the consumer's life history is fast or slow. b) Phase diagrams and time
 434 series of quasi-cycles (yellow), quasi-canards (purple), and stretched wandering (green). The
 435 orange and blue curves in the top row are the consumer and resource isoclines, respectively.
 436 Dashed vertical lines in the phase diagrams denote where the deterministic Hopf bifurcation
 437 occurs. Note, the standard deviation of the noise was increased to 0.05 to help emphasize
 438 what quasi-cycles, quasi-canards, and stretched wandering look like.

439

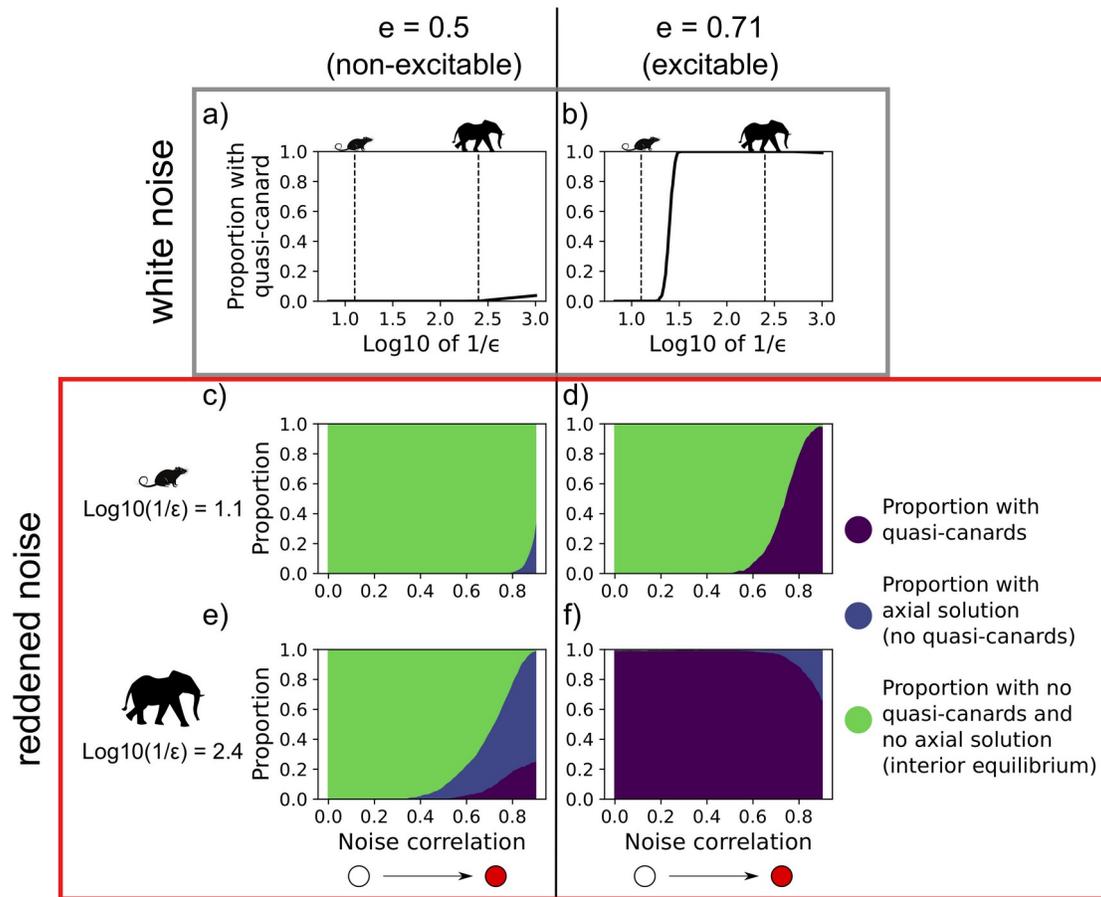


440 Figure 3 Average coefficient of variation for time series of the Rosenzweig-MacArthur C-R
441 model with efficiency of either 0.5 (non-excitable) or 0.71 (excitable) along a continuum of $1/\epsilon$
442 from 1 to 1000 (50 simulations per value of $1/\epsilon$ and efficiency).

443

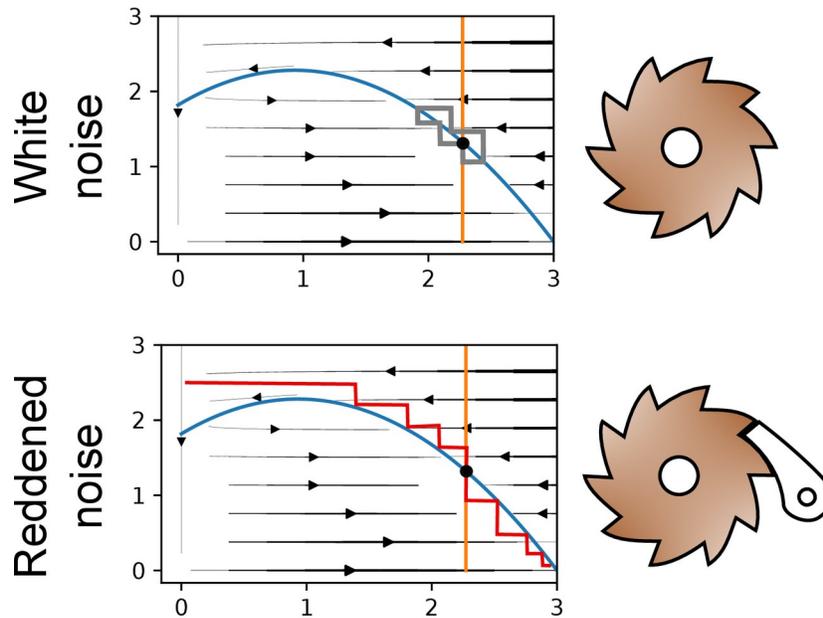


444 Figure 4 a) & b) Average ACF for each lag value for 100 simulations of the C-R model
 445 perturbed each time unit by normally distributed noise (with mean 0.0 and standard deviation
 446 0.01) with $1/\epsilon$ values of 1 and 10 and with efficiency values of 0.5 (non-excitable) and 0.71
 447 (excitable) respectively. c) & d) Time series of the consumer with $1/\epsilon$ value of 1 and efficiency
 448 values of 0.5 and 0.71 respectively. e) & f). Time series of the consumer with $1/\epsilon$ value of 10
 449 and efficiency values of 0.5 and 0.71 respectively.



450 Figure 5 a) & b) Proportion of 1000 simulations under white noise per value of $1/\epsilon$ that
 451 exhibited quasi-canards with constant efficiency values of 0.5 (non-excitable) & 0.71
 452 (excitable) respectively. Vertical dashed lines correspond to $\text{log}_{10}(1/\epsilon)$ values used in c), d),
 453 e), & f). c), d) Proportion of 1000 simulations per value of $\text{log}_{10}(1/\epsilon) = 1.1$ that exhibited
 454 quasi-canards or axial solution or neither with constant efficiency values of 0.5 & 0.71
 455 respectively and with noise correlation (AR1 process) varied from 0.0 to 0.9. e), & f)
 456 Proportion of 1000 simulations per value of $\text{log}_{10}(1/\epsilon) = 2.4$ that exhibited quasi-canards or
 457 axial solution or neither with constant efficiency values of 0.5 & 0.71 respectively and with
 458 noise correlation (AR₁ process) varied from 0.0 to 0.9.

459



460 Figure 6 Illustration of simplified trajectories with white noise (top) and reddened noise
461 (bottom) together with the consumer and resource isoclines and vector field when the
462 consumer's life history is slow ($1/\epsilon$ is large). We use the analogy of a rusty ratchet to illustrate
463 the interaction of slow life histories with reddened noise. White noise is similar to a ratchet
464 wheel without the pawl (can spin in any direction) and reddened noise is similar to a ratchet
465 with the pawl (can spin in only one direction for a period of time). Slow life history is akin to
466 rust in the ratchet which slows the spinning speed.

467 **Supporting Information for “Life history speed,**
468 **population disappearances, and noise-induced ratchet**
469 **effects”**

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479 **Scaling of the consumer growth rate by ε**

480 To see the impact of ε on the consumer’s growth rate let’s rearrange the parameters in the
481 model to get the functional response into a monod equation

482
$$\frac{dR}{dt} = r R \left(1 - \frac{R}{k} \right) - \frac{a R C}{1 + a h R}$$

483
$$\frac{dC}{dt} = \varepsilon \left(\frac{e a R C}{1 + a h R} - m C \right)$$

484 becomes

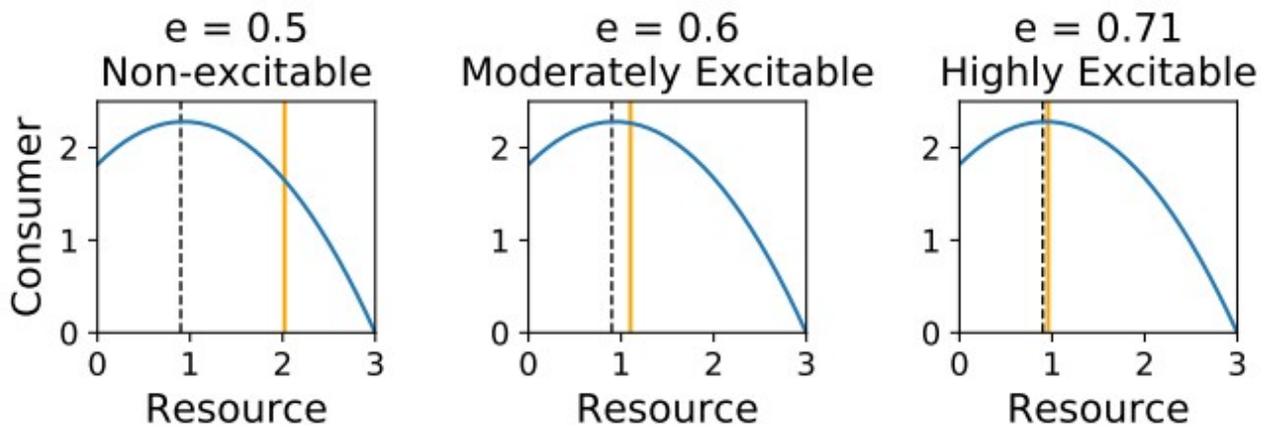
485
$$\frac{dR}{dt} = r R \left(1 - \frac{R}{k} \right) - \frac{a_{max} R C}{R_0 + R}$$

486
$$\frac{dC}{dt} = \varepsilon \left(\frac{e a_{max} RC}{R_0 + R} - mC \right)$$

487 where $a_{max} = \frac{1}{h}$ and $R_0 = \frac{1}{ah}$.

488 From this version of the model, we can see that ε scales $e \cdot a_{max} - m$ (the consumer's growth rate).

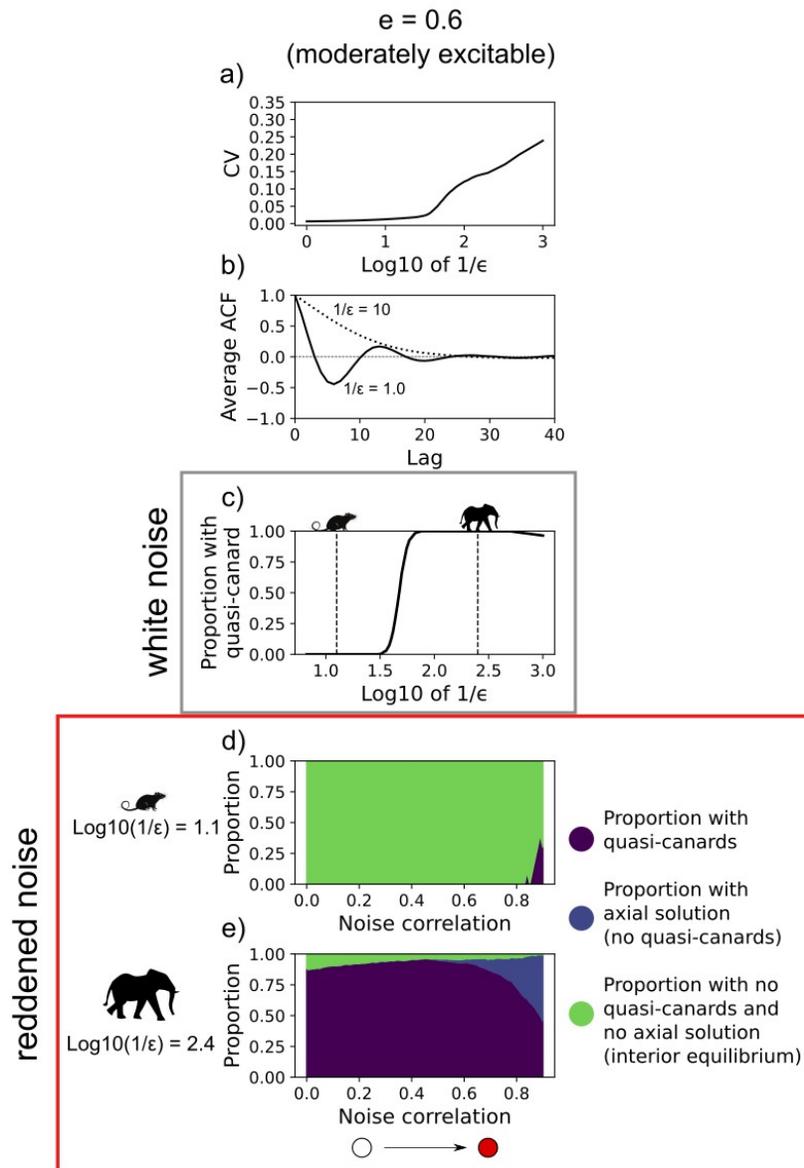
489 **Isoclines of Rosenzweig-MacArthur consumer-resource model**



491 Figure S.I. 1 a), b), c) resource and consumer isoclines with efficiency values of 0.5, 0.6, 0.71
 492 respectively. Dashed lines depicts where the Hopf bifurcation occurs

493

494 **Moderately excitable consumer-resource interaction**



495 Figure S.I. 2 a) Average coefficient of variation for time series of Rosenzweig-MacArthur C-R
 496 resource model with efficiency of 0.6 (moderately excitable) along a continuum of $1/\epsilon$ from 1
 497 to 1000 (50 simulations per value of $1/\epsilon$ and efficiency). b) Average ACF for each lag value for
 498 100 simulations of the C-R model perturbed each time unit by normally distributed noise (with
 499 mean 0.0 and standard deviation 0.01) with $1/\epsilon$ values of 1 and 10 and with an efficiency
 500 value of 0.6 (moderately excitable). c) Proportion of 1000 simulations under white noise per

501 value of $1/\varepsilon$ that exhibited quasi-canards with an efficiency value of 0.6 (moderately
502 excitable). Vertical dashed lines correspond to $1/\varepsilon$ values used in d), & e). d), e) Proportion of
503 1000 simulations per value of $\log_{10}(1/\varepsilon) = 1.1$ and $\log_{10}(1/\varepsilon) = 2.4$ respectively that exhibited
504 quasi-canards or axial solution or neither with an efficiency value of 0.6 and with noise
505 correlation (AR1 process) varied from 0.0 to 0.9.

506 **Slowing the consumer decreases excitability**

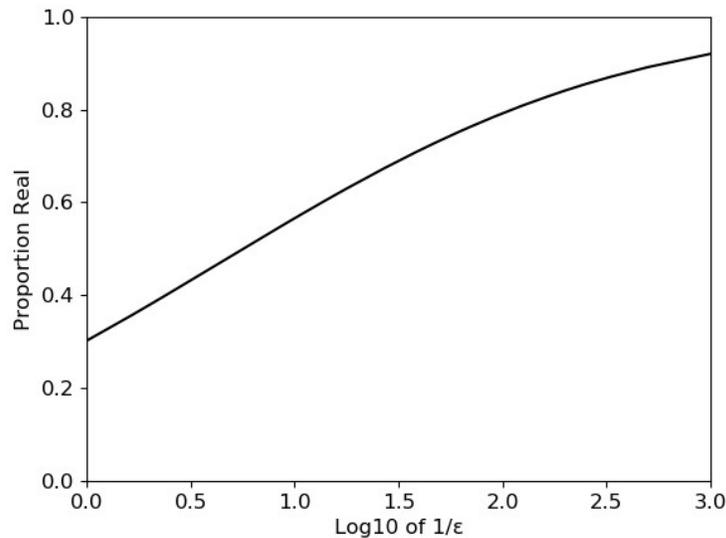
507 Below, we numerically and analytically prove that slowing the consumer's life history
508 (increasing $1/\varepsilon$) decreases the excitability of the C-R interaction. By reducing the excitability,
509 we mean that the divide between real and complex eigenvalues (from the linear stability
510 analysis of the interior equilibrium) moves towards the Hopf bifurcation.

511 **Numerical proof**

512 We numerically calculated the real to complex divide for each value of $1/\varepsilon$ between 0.01 and
513 10 — with a step size of 0.001 in ε (package LinearAlgebra.jl). For each value of $1/\varepsilon$, we
514 found the efficiency value, $e_{R/C}$, where the real/complex divide occurs (i.e. after $1/\varepsilon$ is set, the
515 efficiency value is increased from the efficiency value that produces the transcritical
516 bifurcation until the eigenvalues switch from real to complex, akin to finding the value at which
517 the tip of the checkmark occurs in Gellner and McCann [12]). This efficiency value was then
518 used to calculate the proportion of efficiency “parameter space” that produces real
519 eigenvalues (Proportion Real) by subtracting the real/complex divide efficiency value ($e_{R/C}$)
520 from the efficiency value at the Hopf bifurcation (e_{Hopf}) and then dividing this value by the
521 efficiency parameter distance between the deterministic Hopf (e_{Hopf}) and transcritical ($e_{transcritical}$)
522 bifurcation efficiency values (note ε does not change where the Hopf and transcritical
523 bifurcation occur):

$$524 \text{ Proportion Real} = \frac{e_{Hopf} - e_{R/C}}{e_{Hopf} - e_{transcritical}}$$

525 Increases in $1/\varepsilon$ move the real-complex divide towards the Hopf bifurcation and thus, increase
526 the proportion of efficiency “parameter space” that produces real eigenvalues (Figure SI1). In
527 other words, increasing $1/\varepsilon$, reduces the excitability of the system.



528 Figure S.I. 3 Proportion of efficiency “parameter space” that produces completely real
 529 eigenvalues for each $1/\epsilon$ value where the full efficiency “parameter space” corresponds to the
 530 distance between the efficiency values that produce the transcritical and Hopf bifurcation.

531 **Analytical Proof**

532 We also proved, using the non-dimensional type I version of the Rosenzweig-MacArthur C-R
 533 model, that increasing $1/\epsilon$, increases the efficiency value where the real/complex divide
 534 occurs and thus decreases excitability.

535 With change of variables

536 $X = xk, Y = \frac{yr}{a}, t = \frac{t}{r}$

537 and with non-dimensional parameters $\alpha = \frac{k a e}{r}, \beta = \frac{m}{r}$

538 the non-dimensionalized form of the type I functional response C-R model is:

539 $\frac{dx}{dt} = x(1-x) - xy$

540 $\frac{dy}{dt} = \epsilon(\alpha xy - \beta y)$

541 Equilibria exist at

542 $\hat{x}_1=0, \hat{y}_1=0$

543 $\hat{x}_2=\frac{\beta}{\alpha}, \hat{y}_2=1-\frac{\beta}{\alpha}$

544 The jacobian of the model is

545
$$\begin{pmatrix} 1-2x-y & -x \\ \varepsilon\alpha y & \varepsilon(\alpha x-\beta) \end{pmatrix}$$

546 Inputting the interior equilibrium, \hat{x}_2, \hat{y}_2 , into the jacobian returns

547
$$\begin{pmatrix} \frac{-\beta}{\alpha} & \frac{-\beta}{\alpha} \\ \varepsilon(\alpha-\beta) & 0 \end{pmatrix}$$

548 Using the trace and determinant of this jacobian matrix we can get the characteristic
549 polynomial and the quadratic equation to solve for the eigenvalues:

550 $Trace = \frac{-\beta}{\alpha}$

551 $Determinant = \frac{\beta\varepsilon(\alpha-\beta)}{\alpha}$

552 $Characteristic\ polynomial = \lambda^2 + \frac{\beta}{\alpha}\lambda + \frac{\beta\varepsilon(\alpha-\beta)}{\alpha}$

553
$$\lambda = \frac{\frac{-\beta}{\alpha} \pm \sqrt{\left(\frac{\beta}{\alpha}\right)^2 - 4\frac{\beta\varepsilon(\alpha-\beta)}{\alpha}}}{2}$$

554 We are determining the boundary of real to complex eigenvalues, thus we must examine what
555 is inside the square root of the quadratic equation:

556 When $\left(\frac{\beta}{\alpha}\right)^2 - 4\frac{\beta\varepsilon(\alpha-\beta)}{\alpha} < 0$ the eigenvalues are complex

557 We can solve for α to find what parameter values produce α at the real/complex divide

558
$$a = \frac{\beta\epsilon \pm \sqrt{\beta\epsilon(\beta\epsilon+1)}}{2\epsilon}$$

559 We can ignore the minus square root part (because $\beta\epsilon < \sqrt{\beta\epsilon(\beta\epsilon+1)}$ always and we get a
560 negative alpha value which is impossible biologically).

561 Thus, we concentrate on

562
$$\alpha = \frac{\beta\epsilon + \sqrt{\beta\epsilon(\beta\epsilon+1)}}{2\epsilon}$$

563 We can differentiate the above equation with respect to ϵ to find out how the α value (at which
564 the real/complex divide occurs) changes.

565
$$\frac{d\alpha}{d\epsilon} = \frac{-\beta}{4\epsilon\sqrt{\beta\epsilon(\beta\epsilon+1)}}$$

566 which is always negative when β and ϵ are positive (biologically they have to be).

567 Therefore, if we decrease ϵ (slowing the consumer by increasing $1/\epsilon$), the α value — at which
568 the real/complex divide occurs — increases. Converting α back into its original dimensional
569 parameters, we see that if k and a are kept constant, e must increase to increase the non-
570 dimensional α parameter.

571 **Explanation of quasi-canard finder algorithm**

572 The algorithm checks that the trajectory has the characteristics of a quasi-canard. Thus, the
573 algorithm includes a return map at the maximum point of the resource isocline where canards
574 and quasi-canards must pass through. The algorithm also includes boxes along the attracting
575 and repelling manifolds (the right side of the resource isocline and the consumer axis
576 respectively) through which a quasi-canard should pass. The quasi-canard passes through
577 these checks in a particular order and so the algorithm ensures the order is correct. Below are
578 the six steps that the quasi-canard finder algorithm goes through. The full code can be found
579 in `slowfast_canardfinder.jl` of the Github repository.

580 The algorithm finds all the points in the time series where the next sequential point creates a
581 vector that intersects with a line that sits at the Hopf bifurcation point on the Resource isocline
582 (the maximum of the Resource isocline). The line has a length of 5% of the Hopf bifurcation
583 point above and below the Hopf bifurcation point. If no points are found, the algorithm does
584 step six. If points are found, the points are collated and passed to the next step.

585 The algorithm then takes all of these points and moves along the time series after these
586 points to identify the first point within a box that sits between the Hopf bifurcation point and
587 where the Resource isocline intersects with the Consumer axis. The box has a width of 0.1. If
588 no points are found, the algorithm does step six. If points are found, the points are collated
589 and passed to the next step.

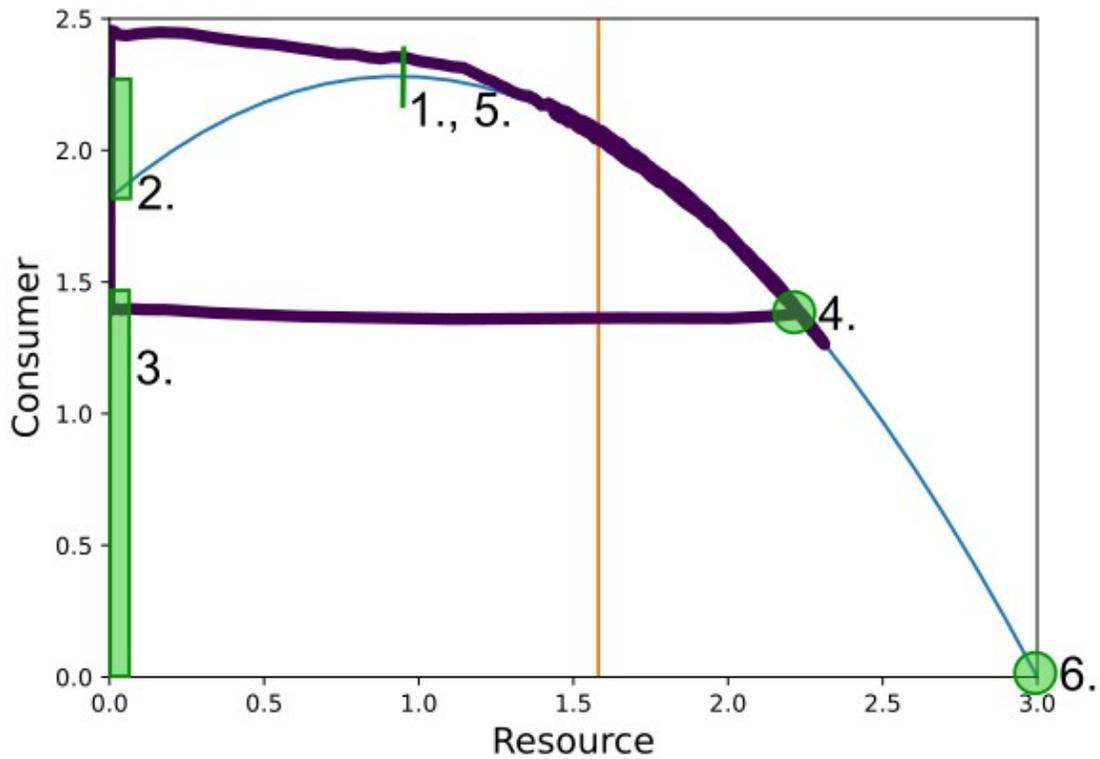
590 The algorithm then takes all of these points and moves along the time series after these
591 points to identify the first point within a box that sits between the 0 consumers and 80% of
592 where the Resource isocline intersects with the Consumer axis. The box has a width of 0.1. If
593 no points are found, the algorithm does step six. If points are found, the points are collated
594 and passed to the next step.

595 The algorithm then takes all of these points and moves along the time series after these
596 points to identify the first point that sits close to the resource isocline. If no points are found,
597 the algorithm does step six. If points are found, the points are collated and passed to the next
598 step.

599 The algorithm then takes all of these points and repeats step 1 to ensure a full cycle of the
600 quasi-canard. If the return map check is passed for the second time, the algorithm returns
601 “quasi-canard”, otherwise the algorithm does step six.

602 The algorithm checks whether the final point in the time series is 0.0 consumers and 3.0
603 resources (where the axial solution exists). If so, the algorithm returns “axial”, otherwise the
604 algorithm returns “nothing”.

605 Note, the sensitivity of this algorithm to find quasi-canards can be changed by varying the top
606 of the box in step three (changing the percentage of where the Resource isocline intersects
607 with the Consumer axis).



608 Figure S.I. 4 C-R phase plot with a quasi-canard, the resource isocline and the consumer
 609 isocline in purple, blue, and orange respectively. The six steps of the algorithm outlined above
 610 are depicted with green lines, boxes, and circles.

611 **Biologically Plausible Parameters**

612 We used Yodzis & Innes' [23] biologically plausible parameterization of the C-R model to test
 613 whether our sudden population disappearance results are general to other parameter sets.

$$614 \quad \frac{dR}{dt} = R \left(1 - \frac{R}{K} \right) - \frac{\frac{xy}{(1-\delta)f_e} CR}{R+R_0}$$

$$615 \quad \frac{dC}{dt} = C x \left(-1 + \frac{yR}{R+R_0} \right)$$

616 where $x = \left(\frac{a_T}{f_r a_r} \right) \left(\frac{m_R}{m_C} \right)^{0.25}$

617 $y = \frac{f_J a_J}{a_T}$

618 Similar to Yodzis & Innes [23], we expressed the resource body mass in terms of the mass of
619 an equivalent endotherm operating at its physiological limit. We set our consumer as an
620 herbivorous endotherm.

621 Thus, $a_T = 54.9$, $a_r = 34.3$, $\delta = 0.55$, $f_J = 0.99$, $a_J = 89.2$, $K = 3.0$

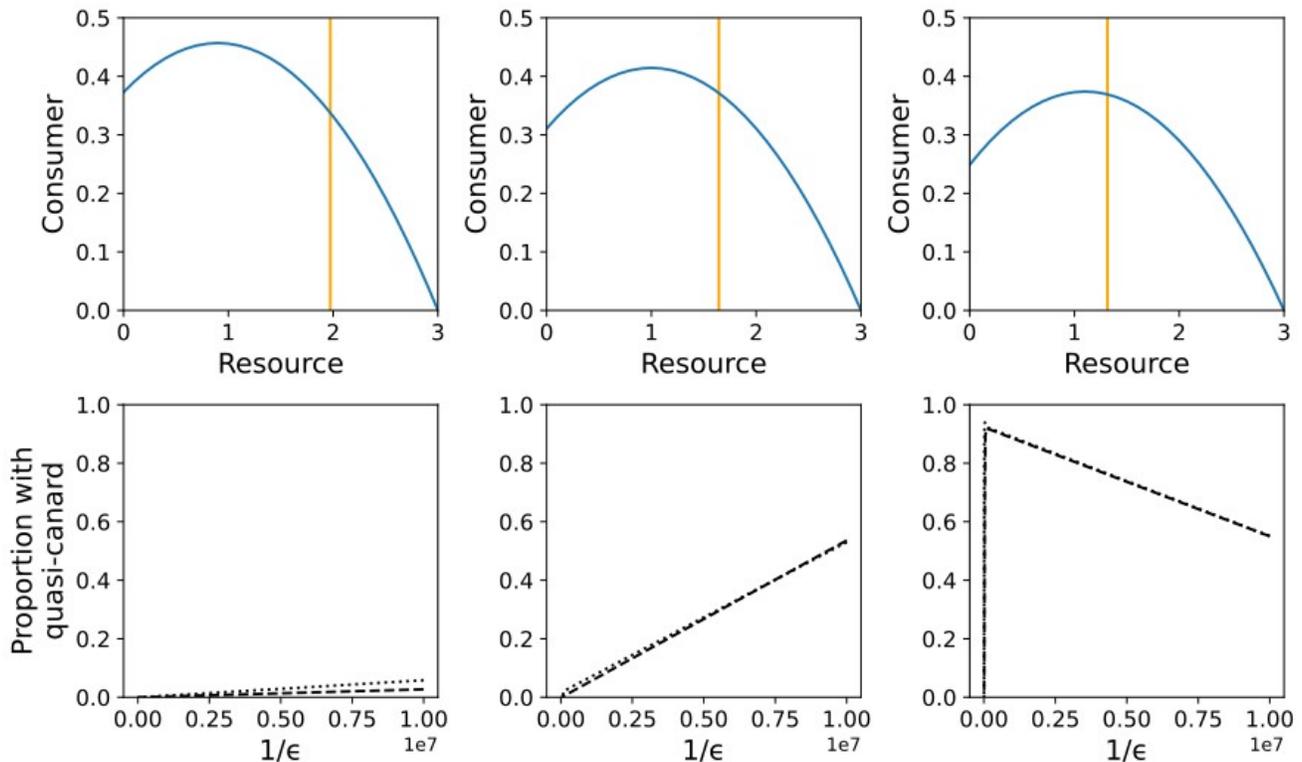
622 To slow the consumer relative to the resource, we multiplied the resource/consumer body
623 mass ratio by ε ($\varepsilon B = \varepsilon m_{ER}/m_C$). To maintain the same biomass loss from the resource (i.e.
624 when using the original $B = m_{ER}/m_C$), we set

625 $f_e = \frac{(\varepsilon B)^{0.25}}{B^{0.25}}$

626 To ensure the full model was feasible (between the feasibility and Hopf boundaries in Yodzis
627 & Innes [23]), we set $B = 10^{-6}$ and we restricted R_0 to $[0.7, 1.82]$.

628 All other methods are the same as in the main Methods section.

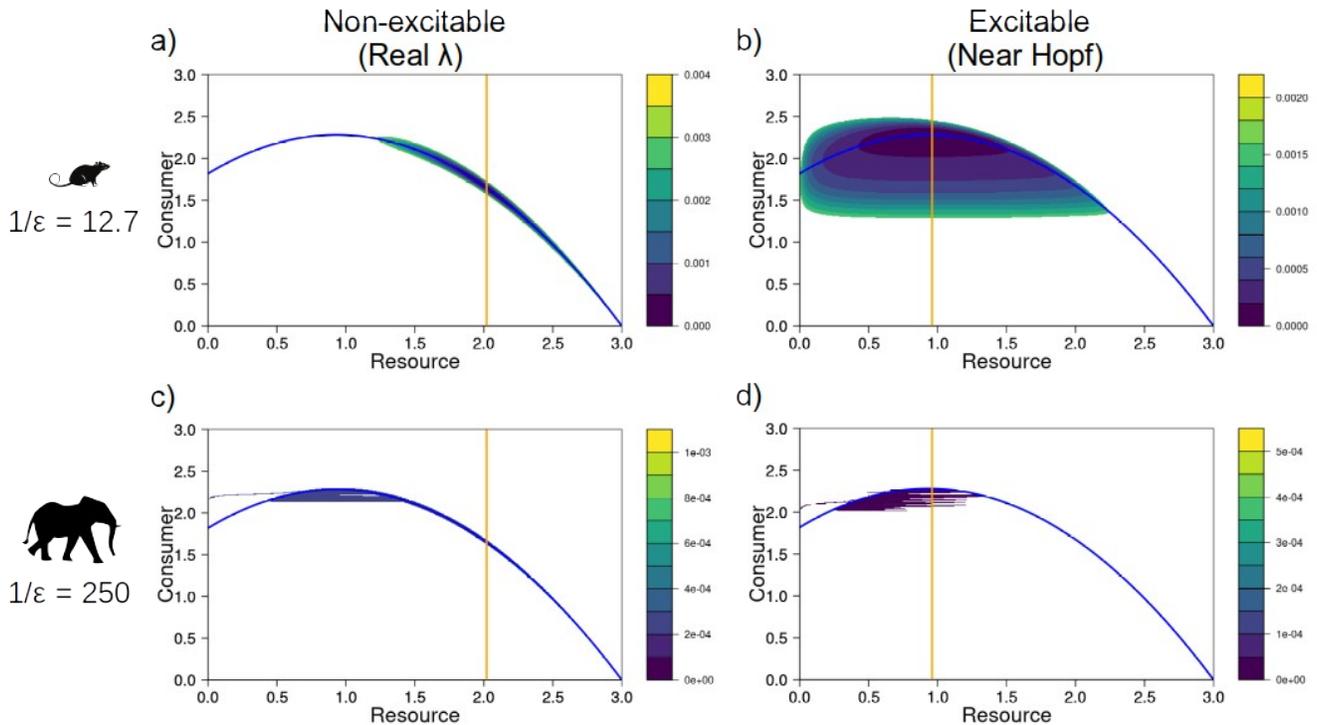
629



630 Figure S.I. 5 In the Yodzis & Innes (1992) model, quasi-canards can be found for a variety of
 631 efficiency values within certain boundaries of ϵ parameter space. a), b), c), d) resource and
 632 consumer isoclines with R_0 values of 1.2, 1.0, 0.8 respectively. e), f), g), h) proportion of 1000
 633 simulations per value of $1/\epsilon$ that exhibited quasi-canards with constant R_0 values of 1.2, 1.0,
 634 0.8 respectively. Bold and thin dashed lines correspond to 6,000 and 24,000 time units
 635 respectively.

636 Quasi-potentials

637 The quasi-potentials depicted below were created using the Rosenzweig-MacArthur
 638 consumer -resource model with the same parameter values as the model in the main article.
 639 We used the QPot package (version 1.2) in R to calculate the quasi-potentials (Moore *et al.*
 640 2016). We maintained the overall intensity of noise but had different relative noise intensities
 641 between the resource and the consumer (specifically 1:4, see Moore *et al.* (2016) for how to
 642 specify different relative noise intensities).



643 Figure S.I. 6 Quasi-potentials for the C-R models. The top row (a) & b)) had a $1/\varepsilon$ value of
 644 12.7 and the bottom row (c) & d)) had a $1/\varepsilon$ value of 250. Each column of plots had efficiency
 645 values of 0.5 and 0.7 respectively. Resource and consumer isoclines are the blue and orange
 646 lines respectively.

647 Christopher Moore, Christopher Stieha, Ben Nolting, Maria Cameron and Karen Abbott
 648 (2016). QPot: Quasi-Potential Analysis for Stochastic Differential Equations. R package
 649 version 1.2. <https://github.com/bmarkslash7/QPot>.