# 1 On the Dynamic Nature of Omnivory in a Changing World

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#### 9 Abstract

Nature's variability plays a major role in maintenance of biodiversity. As global change is 10 11 altering variability, understanding how key food web structures maintain stability in the face of variation becomes critical. Surprisingly, little research has sought to mechanistically understand 12 how key food web structures are expected to operate in a noisy world, and what this means for 13 14 stability. Omnivory, for example, has been historically well studied but largely from a static 15 perspective. Recent empirical evidence suggests the strength of omnivory varies in response to 16 changing conditions in ways that may be fundamental to stability. Here, we extend existing omnivory theory to i) predict how omnivory responds to variation, and; ii) show that dynamic 17 18 omnivory responses are indeed a potent stabilizing structure in the face of variation. We end by synthesizing empirical examples within this framework, demonstrating the ubiquity of the 19 20 theoretical mechanisms proposed across ecosystem types, spatial scales and taxa.

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22 Key Words: Dynamic omnivory, food web structure, global change, stability

# 23 Introduction

24 Ecosystems are notably variable and subject to regular polyrhythmic swings in abiotic conditions that drive bottom-up shifts in resource density (e.g., diurnal, seasonal, decadal 25 26 changes in temperature, precipitation etc.) and create patterned mosaics of spatial heterogeneity (Mougi 2020). The intensity of resource consumption by predators can also change through time 27 28 and space, leading to top-down shifts in resource density (Sommer et al. 1986). The ubiquity of 29 these varying (non-equilibrium) conditions, predictable to some extent, mean that organisms 30 within ecosystems have likely adapted in numerous ways to respond to changing conditions 31 (Levin 1998). 32 Despite the well-known fact that ecosystems are subject to such non-equilibrium conditions, 33 ecological theory and empiricism have tended to focus on understanding stability and function 34 from a static equilibrium perspective until relatively recently (Ushio et al. 2018). The 35 equilibrium simplification is understandable as it allows elegant analysis for high diversity 36 systems (May 1972, Allesina and Tang 2012, Gellner and McCann 2012) but potentially misses out on dynamic responses of species that play fundamental roles in maintaining their persistence 37 in a noisy world (Neubert and Caswell 1997, Hastings 2004, Hastings et al. 2018). 38

Understanding the multidimensional nature of ecological stability requires examining dynamic
responses from multiple perspectives (e.g., equilibrium and non-equilibrium; (Ives and Carpenter
2007, Donohue et al. 2016). Importantly, these dynamic responses are measurable in empirical
systems, promising the ability to develop a dynamic theory that can be linked to empirical
research. Given that climate change is altering these underlying abiotic polyrhythms (Myneni et
al. 1997, Cai et al. 2018) and homogenizing spatial heterogeneity (Olden et al. 2006), it is

essential that theory and empiricism understand the role of responsive food web structure inmediating ecosystem stability and function.

47 Recent research has argued that the generalist module (defined as the coupling of micro or 48 macrohabitats in space by a mobile, generalist consumer; figure 1a) is a clear example of a food 49 web architecture that can be a potent stabilizing force in a variable world (McCann and Rooney 50 2009, McMeans et al. 2015, 2016). Here, at any given time, a generalist consumer tends to move 51 in space towards the most profitable habitat (Pyke et al. 1977). Given that different habitats tend 52 to have resource dynamics that are asynchronized, then this simple adaptive behavioural 53 response by the consumer allows it to consume the resource in the highly productive habitat while releasing the resource from consumption in the less productive habitat (figure 1a). This 54 55 asynchronous flux in predation pressure is known to enhance persistence of all species in the 56 generalist module and contribute to the adaptive capacity (ability of systems to alter structure in 57 response to external variation) of whole food webs (McCann and Rooney 2009, McMeans et al. 58 2016).

59 Akin to the portfolio effect in primary producers (Tilman 1999), generalist predators employ a consumptive portfolio effect (see table 1 for definition) by altering their foraging behaviour 60 61 across multiple prey sources in a manner that ensures they get a relatively steady resource 62 supply. This stabilization is due to a mixture of bottom-up processes (e.g., differences in habitat 63 conditions that yield non-synchronous resource dynamics; figure 1a) and the top-down rapid behaviour of the predator capable of generating resource asynchrony and integrating over their 64 resources in space (figure 1a). While the generalist module shows how a mobile consumer in 65 66 space may play a role in mediating variation, omnivory has qualitatively similar underlying 67 conditions in that it is also a module comprised of a generalist predator capable of foraging on

68 alternative resources that can vary asynchronously (figure 1b). Notably, while the generalist 69 predator can be envisioned as a spatial generalist, omnivores can be envisioned as trophic 70 generalists that may also be capable of reducing variation (figure 1). 71 Over the last two decades, ecologists have increasingly recognized the importance of 72 omnivorous interactions (see table 1 for definition of omnivory). Early theoretical arguments that 73 found omnivory was destabilizing (Pimm and Lawton 1978) have been replaced by the nuanced 74 understanding that while moderate to strong interactions are indeed destabilizing, weak 75 interactions can be powerfully stabilizing (Neutel et al. 2002, Emmerson and Yearsley 2004, 76 Gellner and McCann 2016). Over the same period, empirical work has shifted from suggesting 77 omnivory is rare (e.g., Pimm and Lawton 1978, but note that weak omnivorous interactions were 78 ignored in their methodology), to showing that omnivory is rampant throughout food webs and 79 increases in frequency with trophic level (Thompson et al. 2007). Nonetheless, empirical 80 investigations have largely considered omnivory as a static trait within these systems (Kratina et 81 al. 2012) while theory has also largely focused on the equilibrium stability implications of 82 omnivory (Pimm and Lawton 1978). However, it is increasingly recognized that changing 83 conditions can influence omnivorous interactions in space and time (Kratina et al. 2012, Tunney 84 et al. 2012).

Here, we expand on this idea that omnivory ought to change in response to environmental variation (figure 1b). In what follows, we employ two general types of behavioural responses to changing conditions (passive and active omnivores sensu Kalinkat et al. 2011) to bracket a large range in foraging possibilities and ask if dynamic omnivory is robustly stabilizing under these two differing foraging responses. Further, following existing omnivory theory (Tunney et al. 2012, Ward and McCann 2017), we define two general categories of mechanisms that produce

91 omnivorous responses (bottom-heavy and top-heavy omnivory). We review and synthesize theory within this novel dynamic context (e.g., responses to perturbations) to show how different 92 conditions drive bottom-heavy and top-heavy driven changes in omnivory and that this dynamic 93 94 omnivory may be an under-studied stabilizing mechanism in the face of variation. We then 95 empirically demonstrate that both passive and active omnivores, and bottom-heavy and top-96 heavy mechanisms, manifest themselves in the real world by re-examining well-studied food 97 webs within our dynamic omnivory framework. Furthermore, we demonstrate the ubiquity of 98 dynamic omnivory by providing an extensive empirical catalogue of examples that extends 99 across ecosystem types, trophic levels, and spatial/temporal scales. We end by arguing that, like the generalist module, this dynamic understanding of omnivory allows us to consider how 100 omnivory contributes to the adaptive capacity of food webs and how global change will impact 101 102 omnivorous interactions, potentially altering carbon transfer, stability and production in whole 103 food webs.

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## **105 Theory: A Dynamic Omnivory Framework**

#### 106 i. A Base Framework for Dynamic Omnivory Responses: Definitions

Here, we draw from longstanding foraging ecology that has been embedded in consumerresource and food web models through functional and numerical responses (Abrams 1982,
Chesson 1983). Consistent with much behavioral ecology literature that has found that
experimental data is consistent with optimal foraging theory (Pyke et al. 1977), consumerresource and food web theory have motivated models that maximize energy intake either
formulated explicitly as an optimal foraging model (Abrams 1982, Kondoh 2003, Abrams and

113 Matsuda 2004, Beckerman et al. 2006, 2010) or as a "rule of thumb" preference model that approximates energy maximization in the functional and numerical response (Chesson 1983, 114 McCann et al. 2005, Kalinkat et al. 2011). For simplicity, we employ an omnivory model that 115 116 uses the preference function of Chesson (1983) adopted in many food web papers (Post et al. 117 2000, Faria and Costa 2010). We point out that both optimal foraging models (Krivan 2000, van Baalen et al. 2001, Kondoh 2003) and the preference models (McCann and Hastings 1997, 118 119 McCann et al. 2005) used here have tended to consistently find that energy maximization 120 foraging is often stabilizing. 121 Omnivory, the feeding on more than one tropic level (Pimm and Lawton 1978), is

122 perhaps easiest envisioned in a simple food chain (figure 2a; see table 1 for all important

123 dynamic omnivory definitions discussed in this section). Here, towards a simple dynamic

124 framework of dynamic omnivory, we employ a tri-trophic level perspective, and we use

extensions of the Rosenzweig-MacArthur food chain model (see supplemental material S1 for
equations) to outline some of the key aspects of omnivory that mediate its dynamic response in
nature to changing conditions. Following empirical patterns that show that omnivory tends to

increase as we go up the food web (Thompson et al. 2007, Zheng et al. 2021), we focus on an

129 omnivory module that assumes omnivory occurs through the top predator. The omnivory model

130 and assumptions therein are based on McCann & Hastings (1997). Consistent with empirical

131 work, we do all dynamic theory with weak to intermediate average omnivorous interaction

132 strengths (Thompson et al. 2009).

In our dynamic framework, degree of omnivory is a measure of the contribution of R to P's diet (table 1; see S1 for equation). We note that this simple metric equates with commonly employed empirical estimates of omnivory (e.g., stable isotopes) that also estimate the

136	percentage of carbon that comes from different trophic levels (Cabana and Rasmussen 1996).
137	Here, as discussed above, we assume foraging preference and therefore the degree of omnivory
138	is driven by the relative densities of potential prey items for an omnivorous predator (i.e.,
139	omnivory increases as R/C increases; figure 2c). In our example, we show how densities change
140	as the level of top-down control varies, as we move from a bottom-heavy Eltonian biomass
141	pyramid (left of figure 2a) to a top-heavy wasp-waisted biomass pyramid that emerges out of
142	strong top-down control (right of figure 2a). Across such a gradient in top-heaviness- that arises
143	from increasing resource productivity $(K)$ , predator attack rate $(a)$ , predator biomass conversion
144	rate (e) or reducing predator mortality $(m)$ – densities of Resource (R) and Consumer (C) in
145	Predator (P) diet change in predictable ways as shown in figure 2b (McCauley et al. 2018).
146	Notably, the pyramid gets more top-heavy with a significant change in the relative prey densities
147	for the omnivorous top predator (i.e., lots of R relative to C, see figure 2a). Here, the top-down
148	pressure has indirectly driven an increase in the degree of omnivory (right figure 2c). Further, as
149	the resource densities increase relative to C densities and the degree of omnivory increases, the
150	food chain length decreases (left to right in figure 2a). Alternatively, if the ratio of R to C
151	(hereafter R:C) decreases, omnivory decreases and the food chain length increases (right to left
152	in figure 2a) – the food chain dynamically expands and contracts with changes in R:C.
153	Within this framework, we argue there are two simple, but qualitatively distinct, behavioural
154	responses of the potential omnivore to changing prey densities which ought to alter the effect of
155	changing densities on the degree of omnivory. Importantly, these two behavioural responses
156	bracket a continuum of possible functional responses under changing prey densities and have
157	been used experimentally by Kalinkat et al. (2011). First, an omnivore may be a passive
158	omnivore in that it never changes its preference for C or R but consumes more or less of them

159 depending on their relative densities (i.e., proportionally; see table 1 for definition and supplemental material S1 for details). In other words, a passive omnivore exhibits a density-160 independent preference. We note that even a passive feeding organism like a filter feeder may 161 162 still have preference (e.g., gill sizes select for certain size prey over others; Rouillon and Navarro 163 2003). Alternatively, the omnivore can modify its preference continuously such that the 164 preference increases when R:C increases. This altered preference makes the omnivore an **active** 165 omnivore (see table 1 for definition and supplemental material S1 for equation) in that it adjusts 166 its preference in line with the most abundant resource, generating a non-linear preference in the 167 functional and numerical responses (Chesson 1983, Kalinkat et al. 2011). As an example, if there is a pulse in R then the top predator may increase its foraging on R briefly to tap into this 168 resource increase and do so in manner that reduces its consumption on C even more than the 169 170 proportional change in R:C densities. As a result, an active omnivore can have a much larger change in the degree of omnivory compared to a passive omnivore with changing prey densities 171 (figure 2c). 172

173 Finally, and discussed further in the next section, we define two qualitatively distinct mechanisms driving dynamic omnivory. The first occurs when the ratio of consumer and 174 175 resource densities change solely due to bottom-up abiotic influences that drive bottom-heavy 176 biomass distribution. As an example, a pulse of nutrients may immediately fuel resource growth with other trophic levels lagging behind in response (compare increased omnivory between 177 region 1 and region 2; figure 3a-c); thus, during the early transient period after a pulse in 178 nutrients (region 2 in figure 3a-c) the increased R:C is arguably purely bottom-up driven and 179 such a shift in R:C promotes an omnivorous response whether passive or active ( $om_B > om_{Fa}$ ; 180 181 figure 3b,c). We will refer to this as **bottom-heavy omnivory** (table 1). After this early transient

182 period, the densities of C and R eventually dynamically respond to the nutrient pulse (figure 3ac; region 3). In the example here, where the transmission of energy up the food chain is driven by 183 relatively strong interactions (i.e., a strongly top-down system; relatively high Kae/m (Rip and 184 185 Mccann 2011, Gilbert et al. 2014), theory suggests this delayed transient response would yield a 186 strong top-down cascade with a top-heavy biomass pyramid and a high R:C (figure 3b,c; region 187 3). During this transient top-heavy phase, we would therefore expect what we will refer to as an 188 increase in top-heavy omnivory, since the degree of omnivory would increase due to the 189 cascading influence of a now inflated top predator (i.e.,  $om_T > om_{Eq}$ ; table 1). Here, we have 190 imagined a changing pulse in resources as one may expect due to seasonality, but we can also apply our rationale to a press perturbation (defined table 1; figure 3d-f) that increases K 191 192 indefinitely. For example, press perturbations could also be conceptualized as spatial variation 193 where some systems are permanently more productive than others. With these definitions, we are ready to consider the implications of dynamic omnivory on the response of food chain densities, 194 the degree of omnivory and the local and non-local stability properties of the food web. 195 196 197 ii. Implications: Omivory and Stability under Changing Conditions

We now consider the omnivory response of the predator, P, under a pulse perturbation of resource productivity, K (figure 3a-c) and press perturbations in K (mimicking permanently altered conditions in space or time; figure 3d-f; see supplemental material S1 for analysis details). While we look at local equilibrium stability (local return time, based on max eigenvalues), for all cases we are also interested in non-equilibrium dynamics, so we restrict our analysis to dynamics that show overshoot (i.e, equilibrium has complex eigenvalues) that readily produce quasi-cycles from perturbations. Here, we see both the press and pulse perturbations as

directly related to common empirical measurements in the same ecosystem over time (e.g., a
seasonal pulse in K), or a given ecosystem type over space (e.g., one habitat has higher
production permanently as in a press). We will use these theoretical results to begin to synthesize
empirical dynamic omnivory results with the goal of motivating future work on dynamic food
web structure in general.

210 Figure 3a-c depicts the time series of the omnivory model over four time periods: prior to 211 a pulse addition of K (region 1), during its early transient bottom-heavy response (region 2), 212 during its later transient response after higher trophic level densities respond (region 3), and after 213 its return to equilibrium (i.e., back to region 1 type dynamics). In each case (i.e., food chain, passive and active omnivore (figure 3a-c, respectively), the time series show the predator 214 (green), consumer (orange) and resource (blue) dynamics. As discussed above, we point out that 215 216 even in this simple pulse perturbation case there is a clear temporal bottom-heavy driven increase in maximum degree of omnivory (passive omnivore:  $om_B = 0.166$ , active omnivore:  $om_B =$ 217 0.216; region 2 in figure 3b,c respectively) followed by a change in maximum omnivory that 218 219 occurs when the top predator has driven a subsequent cascading transient response that releases the resource while suppressing the consumer (passive omnivore:  $om_T = 0.233$ ; active omnivore: 220  $om_T = 0.326$ ; region 3 in figure 3b,c respectively). Thus, we see both a short-term bottom-heavy 221 222 omnivory response, and longer-term top-heavy response driven by the cascading impacts of the pulse perturbation. 223

To understand how dynamic omnivory impacts stability, we look at both local metrics (i.e., return time) and non-local metrics (i.e., degree of overshoot, max-min; Neubert & Caswell, 1997) of variation after a perturbation of K (see table 1 for all definitions and supplemental material S1 for more details on these metrics). Recognize that in both cases of passive and active

228 omnivory, all metrics of local and non-local stability tend to show stabilizing responses (i.e., faster return time, lower degree of overshoot and smaller max-min) to the pulse perturbation 229 relative to the food chain, and the active omnivore demonstrates a stronger stabilizing response 230 231 relative to the passive omnivore (figure 4a-c). We would argue that this stabilization is much 232 akin to the generalist predator discussed above, whereby the generalist predator and omnivorous 233 predator are both harnessing the asynchronous response of C and R that is naturally occurring in 234 the food chain (i.e., when C is held in check R increases and vice versa). Note, that this dynamic 235 stabilizing response is amplified with stronger top-down pressure in that stronger top-down 236 pressure generates more asynchronous C and R dynamics. This top-down driven asynchrony sets up conditions for the top predator to surf the different trophic levels in a manner that is 237 stabilizing. In a sense, this effect is another manifestation of asynchrony generation driven by 238 239 generalist predators in a noisy world, previously discussed for the diamond module (i.e., a generalist module with strong and weak pathways where the predator inherently drives 240 241 asynchrony under stochastic or deterministic conditions; McCann and Rooney 2009). We note 242 that theory has consistently found that the active switching tends to be more stabilizing (McCann et al. 2005), and indeed we see that active omnivory is even more stabilizing than passive as the 243 active predator is able to respond quickly and strongly to changing densities in C and R and 244 245 reduce the overshoot (figure 4a-c).

Similarly, Figure 3d-f depicts the time series of the omnivory model over four time
periods: prior to a press addition of K (region 1), during its early transient bottom-heavy
response (region 2), during its later transient response after higher trophic level densities respond
(region 3), and the return to a now new equilibrium (i.e., region 4 type dynamics of elevated K).
Here, for empirical reasons discussed below, we draw our attention to the final new equilibrium

251 state (region 4 in figure 3d-f) and ignore the transient response as it is consistent with figure 3a-c. This new equilibrium state following a press is akin to comparing two separate lakes with 252 different abiotic conditions (e.g., total nutrient availability). We note that this final equilibrium 253 254 state occurs after all the transient dynamics are complete and so therefore shows the full 255 cascading implications of density from omnivory after the press perturbation of a sustained 256 increase in K. The press perturbation has effectively increased the top-down predation driving an 257 overall increase in R relative to C for both the passive and active top-heavy omnivory. Again, 258 and importantly, local and non-local stability tends to be enhanced by omnivory whether passive 259 or active (figure 4d-f). Note that the stabilizing response of the active omnivorous predator has appeared to completely eliminate the oscillatory decay and returns extremely rapidly relative to 260 the food chain or passive omnivore case (figure 3d-f). This is an example of stronger interactions 261 262 driving asynchronous R and C dynamics that are harnessed by the omnivorous predator employing a consumptive portfolio effect. 263

264 Finally, to understand the stability implications of dynamic omnivory more generally and 265 determine the robustness of these patterns, we investigated local and non-local stability metrics (Neubert and Caswell 1997) across a wide parameter space for both pulse and press scenarios 266 (see supplemental material S1 for details on stability analysis). We individually altered all 267 268 parameters that increase top-down pressure of the predator (i.e., increasing the ratio Kae/m) on its prey while keeping track of the local and non-local stability after a pulse perturbation (figure 269 S2) and a press perturbation (figure S3) of resource productivity, K. As expected from existing 270 omnivory theory (McCann and Hastings 1997, Gellner and McCann 2012) we find that our 271 results (figure 4) are robust under wide parameter spaces and the stabilizing potential (i.e., faster 272 273 return time, lower degree of overshoot and smaller max-min) of adaptive omnivory is greatest as

274	the system gets more top heavy (i.e., increasing $K$ , $a$ or $e$ , or decreasing $m$ ; figure S2, S3). We
275	point out that the above results rely on the underlying assumption that we employ weak to
276	moderate average omnivory strengths, which tend to occur in nature and are known to be
277	stabilizing (McCann and Hastings 1997, Emmerson and Yearsley 2004, Gellner and McCann
278	2012). Choosing strong ones means omnivory strengths remain destabilizing even within this
279	dynamic framework. As an example, a pulse in K that drives strong bottom-up responses in R
280	can exaggerate increases in top predator densities when omnivorous interaction strengths are too
281	strong allowing for the suppression of C to local extinction. Similarly, press perturbation
282	increases in K can make the strong P-R interaction oscillatory and less stable.
283	In summary, we have shown that omnivory increases through two qualitatively distinct
284	mechanisms (bottom-heavy and top-heavy changes in density), and differential behavioural
285	responses of the predator (passive and active). Omnivory within this dynamic context tends to
286	play a significant stabilizing role in the face of environmental noise, making it another potential
287	adaptive food web structure like the generalist module. A key mechanism is the asynchronous
288	responses of C and R (i.e., a portfolio effect) as P changes in density and averages energy uptake
289	over these waves. We now turn to empirical work to discuss this dynamic omnivory framework,
290	a framework that is intentionally used to intersect with emerging empirical omnivory results.
291	

# 292 Emerging Empirical Examples of Dynamic Omnivory

Since evidence of widespread omnivorous interactions became apparent, omnivory has
been reasonably well studied in empirical food webs (Thompson et al. 2007). Recently, emphasis
on changing conditions has increasingly documented varying levels of omnivory across space

296 and time (Kratina et al. 2012). However, dynamic omnivory remains underappreciated in empirical food webs due to the historical difficulty in quantifying omnivorous interactions and 297 the lack of a guiding theoretical framework. Detecting dynamic omnivory in real food webs 298 299 requires measurement of an omnivores diet in response to changes in relative densities of 300 trophically distinct prey under varying environmental conditions through space and/or time. 301 While this requires large amounts of data, advancements in empirical techniques, such as stable 302 isotope analysis and telemetry, combined with more historical approaches like stomach content 303 analysis, have enhanced ecologist's ability to measure such responses in omnivorous behaviour 304 under changing conditions (see table 2 for examples). Here, guided by our dynamic omnivory framework, we draw on existing data to propose examples of dynamic omnivory in empirical 305 webs and demonstrate the apparent ubiquity of dynamic omnivory across ecosystem types, 306 307 trophic levels, and spatial/temporal scales (table 2). By outlining our framework in empirical food webs, we hope to motivate future research to undertake the non-trivial task of collecting 308 309 such high-resolution data necessary to quantify dynamic omnivory in real systems.

### 310 i. Passive & Active Omnivores in Empirical Webs

As outlined in the theoretical framework, passive and active omnivores bracket a continuum of possible functional responses to changing prey densities. In nature, determining the endpoints of the gradient in passive and active omnivores is difficult as it requires rigorous data on resource densities and the response of consumer preference to changing resource densities which tend to be rare in empirical food web data (but see Kalinkat et al. 2011). Recall from the above theoretical results, both passive and active omnivores exhibit stabilizing responses under changing conditions.

318 Passive omnivores are characterized by a density-independent preference that passively forage on their trophically distinct prey sources. Filter feeders are known to exhibit linear 319 functional responses driven by fixed preference (Jeschke et al. 2004), and so omnivorous filter 320 321 feeders may be perfect examples of passive omnivores. For example, Bighead carp 322 (Hypophthalmichthys nobilis) are mobile, filter-feeding fish whose diet and trophic position 323 varies seasonally in response to changing relative densities of zooplankton and phytoplankton 324 (e.g., higher trophic position under high zooplankton densities in spring and autumn, figure 5a; 325 Yu et al. 2019). This seasonal shift that follows relative densities patterns with a fixed preference 326 would classify these big-head carp as passive omnivores. However, their potential ability to spatially track high abundances of their preferred prey indicates they may exhibit some active 327 behaviours (Yu et al. 2019). 328

329 Active omnivores on the other hand, can readily shift their density-dependent preference across their trophically distinct prey sources to maximize energy intake. For example, American 330 331 black bears were shown to actively alter their foraging behaviour and move across the landscape 332 to target caribou calving grounds at certain periods of the year, despite other food sources still being readily available (Rayl et al. 2018). At other times of the year, when caribou calves are not 333 as available, the bears appear to feed more passively on plants and ants in relation to their density 334 335 (Rayl et al. 2018). Within our dynamic omnivory framework, we would consider, these American black bears primarily active omnivores, while exhibiting some passive behaviours. We 336 can characterize organisms by the dominant omnivorous behaviour by empirically examining 337 how omnivores respond to varying prey densities across space and time (i.e., how omnivore diets 338 and behaviours change across spatial and temporal variation in resource densities; table 2). 339 340 However, it is important to remember that these behaviours exist along a continuum and many

organisms will fall somewhere in between and can exhibit both active and passive behaviours(Kalinkat et al. 2011).

#### 343 ii. Bottom-Heavy & Top-Heavy Omnivory in Empirical Webs

344 As discussed above, any mechanism that inflates R relative to C densities should elicit 345 omnivory. In our dynamic omnivory framework, such inflated R:C can arise by two qualitatively 346 distinct mechanisms, bottom-heavy and top-heavy omnivory. Both types of mechanisms appear 347 to operate in empirical food webs based on evidence from existing literature (table 2). For 348 example, seasonal changes that produce pulses of nutrients can increase R densities and alter R:C 349 and drive changes in the predators' degree of omnivory. As shown in the theoretical framework this change in R:C and subsequent change in omnivory is driven by bottom-heavy biomass 350 distribution. We see evidence of this bottom-heavy driven omnivory in Arctic marine food webs 351 352 where dramatic increases in light in open-water months lead to pulses in productivity that drive higher availability of lower trophic level resources (i.e., phytoplankton). In response, omnivorous 353 354 amphipod species can switch from consuming higher trophic level zooplankton under winter ice 355 cover towards consumption of lower trophic level phytoplankton during the open water season (Werner and Auel 2005, McMeans et al. 2015; figure 5c). In this example, a purely bottom-356 357 heavy mechanism, akin to a pulse perturbation in our theoretical system (figure 3a-c), appears to 358 be driving the dynamic omnivory response to seasonal changes in resource density.

Alternatively, other conditions can increase the top-heaviness of food webs through time or space and drive top-heavy dynamic omnivory as our theory suggests. For example, lake trout are an omnivorous top predator that feed on both fish and invertebrates in nearshore and offshore zones of a lake (vander Zanden et al. 1999). In lakes where access to highly productive nearshore prey is high (e.g., small lakes), energy flow to lake trout increases, increasing the top-heaviness

of the food web (high nearshore access = high top-heaviness) (vander Zanden et al. 1999). High
densities of lake trout are likely to suppress their fish prey, making omnivorous foraging on
lower trophic level zooplankton beneficial (Tunney et al. 2012). Under these conditions, topheavy omnivory is therefore expected to dominate (figure 5e). Higher lake trout density and
increased omnivory in lakes with permanently higher nearshore access is consistent with
predictions from our theory that press perturbations can lead to top-heavy food webs that then
fuel omnivorous responses (figure 3d-f).

371 So far, we have considered empirical examples of bottom-heavy and top-heavy omnivory 372 in isolation. Our theory shows, however, bottom-heavy and top-heavy omnivory can also be tied together (a bottom-up pulse leads first to bottom-heavy and then to top-heavy omnivory; figure 373 3) We can see this manifest in the real world, as real systems also undergo changes in top-down 374 375 and bottom-up dominated periods of omnivory. For example, in temperate agricultural stream systems there are strong seasonal changes in resource densities driving bottom-heavy omnivory 376 377 (Hellmann et al. 2013), as well as strong changes in top-heaviness of webs through space (driven 378 by varying nutrient level inputs) that exhibit top-heavy mechanisms of omnivory (Champagne et al. [in revision], van der Lee et al. 2021) (figure 5d). While we have outlined only a few specific 379 examples here, table 2 presents a catalogue of empirical examples across ecosystem types, 380 trophic levels, and spatial/temporal scale, to demonstrate the ubiquity of dynamic omnivory in 381 382 empirical food webs. We note that existing empirical examples of dynamic omnivory seem to dominate in aquatic ecosystems, however as there is widespread evidence of omnivory in 383 terrestrial ecosystems (Thompson et al. 2007) the lack of examples in terrestrial systems may be 384 a factor of less work focused on examining terrestrial omnivore responses to changing 385 386 conditions.

## 387 Discussion

Here, we have examined the role of omnivory from a dynamic perspective. By assuming 388 389 two plausible behavioural omnivory responses (i.e., passive and active), we use theory to predict temporal changes in the degree of omnivory after a perturbation, and the local/non-local stability 390 implications of these changes. We find that dynamic omnivory responses, whether passive or 391 active, often act as a potent stabilizer in complex ecosystems in the face of environmental 392 variation. Importantly, active omnivores have a stronger stabilizing potential relative to passive 393 omnivores as their density-dependent preference allows for rapid prey-switching, which is 394 known to drive stabilizing sigmoidal functional responses akin to Type III (McCann 2000, Post 395 396 et al. 2000). Further, similar to arguments that generalist couplers can stabilize lower trophic 397 level variation by integrating over two asynchronous habitat pathways (McCann and Rooney 2009), we show that omnivory responses to perturbations can naturally generate asynchronous 398 consumer and resource dynamics that the omnivore can integrate over (in a simplified sense the 399 400 omnivore harnesses a consumptive portfolio effect). Consistent with classic understanding of 401 trophic dynamics across gradients in productivity (Oksanen et al. 1981), our results argue that 402 changes in the degree of omnivory, and thus the stabilizing responses, are likely driven by a 403 combination of bottom-up and top-down cascading changes in resource and consumer densities, 404 both of which predictably alter the ratio of resources and consumers.

While we employed a single chain tri-trophic model, our results are consistent with mechanisms proposed in other omnivory models (McLeod and Leroux 2021). Specifically, multi-chain omnivory theory has found that top-heavy omnivory can increase across a gradient in productivity (K) or changes in accessibility in attack rate (a) both which were argued to

409 increase the R/C ratio and thus omnivory (Tunney et al. 2012, Ward and McCann 2017). Importantly, this multi-chain omnivory appears to play a role in building up biomass in the top 410 predator in empirical studies (e.g., lake trout; Tunney et al. 2012) leading to reductions in their 411 412 preferred prey (cisco) that drives increased omnivory. 413 Most traditional empirical omnivory approaches have been static and focused on 414 comparing the average strength of omnivory across species and ecosystems (Kratina et al. 2012), resulting in theoretical and empirical arguments that omnivory is now believed to be widespread 415 416 (Thompson et al. 2007) but often weak (Emmerson and Yearsley 2004, Gellner and McCann 417 2016). Nonetheless, our empirical understanding of how the strength of omnivory responds to changing conditions is only beginning to emerge. Here, our theoretical dynamic omnivory 418 framework provides us with a novel tool to empirically investigate omnivory responses of real 419 420 food webs (table 2). Specifically, we show that temporal shifts in resources across seasons have predictable implications for changes in omnivory that match theory – strong bottom-up shifts in 421 422 production alter the degree of omnivory seasonally, for example. Further, since our theory 423 highlights short-term responses (that are often bottom-up driven) and long-term responses (that occur after top-down responses have equilibrated), we are able to determine spatial variation in 424 425 omnivory of a species across a gradient in changing conditions (e.g., ecosystem size) that reflect 426 the "equilibrated" omnivory responses of the same species. These empirical results again 427 resonate with theory showing, for example, that in small strongly interacting ecosystems, topheavy omnivory can generate significantly increased omnivory responses relative to larger 428 429 systems assumed to have weaker interactions (Emmerson and Yearsley 2004, Gellner and 430 McCann 2016).

431 The theoretical framework we have outlined is a starting point to understand empirical responses of organisms and food webs to changing conditions. Given that we are in a world 432 replete with global change driving novel temporal and spatial perturbations, theoretical 433 434 development of dynamic responses in key food web modules promises to allow us to further 435 understand the resilience implications of changing environmental conditions (Neubert and 436 Caswell 1997, Hastings 2004, Hastings et al. 2018). Our work adds the omnivory module to the generalist module as another fundamental food web structure that can mute variation in space 437 438 and time. In a sense, the behavioural responses of predation in both cases act as adaptive capacity 439 capable of giving resilience to diverse webs in a noisy world (McMeans et al. 2016). Further work identifying other food web structures (both low and high diversity structures) can add to 440 this critical developing framework for adaptive food webs. Our work shows the importance of 441 442 harnessing the variability of ecosystems by understanding how fundamental food web structures change in space and time to variation. 443

Further, we point out that "dynamic responses" are empirically measurable and so 444 445 importantly facilitate the interaction of theory and empirical research – an area that has hindered the rapid development of food web research (Kratina et al. 2012). By outlining the framework 446 and stability implications of dynamic omnivory, we hope to motivate future research to consider 447 food web structure and behaviour through this dynamic lens and expand data collection to 448 449 robustly examine these mechanisms in empirical food webs. As food webs are rewiring under global change (Bartley et al. 2019), our framework is a significant step towards a better 450 understanding of the future stability of tomorrow's ecosystems. 451

452

- 453 Code availability: The code to reproduce this study is available as an archived compen-
- 454 dium (https://doi.org/10.5281/zenodo.5776233) and the corresponding development reposi-
- 455 tory is available at the following URL https://github.com/McCannLab/Labmnivory.

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## 640 Biographical Narrative

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## 646 **Competing Interests**

647 In relation to the work here, the authors acknowledge no competing interests.

#### 648 Figures

#### 649



Figure 1. Similarities in the generalist and omnivory module, where (a) the generalist (green)
consumes prey (blue and orange) across multiple habitat compartments and employ a
consumptive portfolio effect harnessing the asynchronous flux of prey biomass across two
habitats through time. (b) The omnivore (green) consumes prey (blue and orange) across
multiple trophic levels and employ a consumptive portfolio effect harnessing the asynchronous
flux of prey biomass across two trophic levels through time.



Figure 2. The dynamic omnivory framework. (a) Change in tri-trophic food web module under increasing R:C conditions (i.e., increasing productivity/top-heaviness). Low R:C biomass ratios are characterized by a linear food chain with an Eltonian biomass pyramid distribution (left), as the R:C ratio increases, bottom-up changes in R density increase bottom-heavy omnivory (middle), and at high R:C ratio omnivores exhibit strong top-down pressure that drive cascades that increase top-heavy omnivory (right). (b) Change in % of C and R in the diet of omnivore

663 (P) under increasing R:C conditions (i.e., increasing productivity/top-heaviness). As the R:C ratio increases, the omnivores diet changes from being dominated by C (linear food chain) to 664 being dominated by R (top-heavy omnivory). (c) Change in the degree of omnivory under 665 666 increasing R:C conditions (i.e., increasing productivity/top-heaviness). As R:C increases and tri-667 trophic modules transition from a linear food chain to a top-heavy omnivory module the degree 668 of omnivory increases. In a linear food chain (left), all omnivores (FC = food chain omnivore 669 (black),  $O_P$  = passive omnivore (grey),  $O_A$  = active omnivore (white)) exhibit no degree of 670 omnivory. As R:C increases both O<sub>P</sub> and O<sub>A</sub> increase their degree of omnivory, with O<sub>A</sub> being 671 higher due to ability to rapidly respond to changing prey densities.



**Figure 3.** Temporal dynamics of P, C, and R densities following a pulse perturbation in *K* 

674 (perturbation at t = 200) (a-c) and a press perturbation in K (perturbation at t = 300) (d-f). Each

time series depicts initial equilibrium starting conditions before perturbation in K (region 1 in

676 light blue), transient bottom-heavy response to perturbation (region 2 in yellow; note this region has been overemphasized to make visualization easier), transient phase where system oscillates 677 between top-heavy and bottom-heavy (region 3 in pink) and after equilibrated (region 4 in blue 678 679 shading on right) for (a) and (d) a food chain, (b) and (e) a passive omnivore, and (c) and (f) an 680 active omnivore. Example degrees of omnivory in each region for the passive and active omnivore is given by  $om_{Eq} = degree$  of omnivory at equilibrium,  $om_B = degree$  of omnivory at 681 682 low R:C (bottom-heavy omnivory), and  $om_T = degree of omnivory at max R:C$  (top heavy 683 omnivory). Note under the pulse perturbation dynamics return to original equilibrium conditions 684 and under the press perturbation a new equilibrium is reached.



Figure 4. Local and non-local stability metrics of food chain (FC), passive omnivory (O<sub>P</sub>) and
active omnivory (O<sub>A</sub>) modules following a pulse perturbation (a-c) and press perturbation (d-f).
(a) and (d) show local return time after pulse perturbation, measured as 1/max(Re| |). (b) and (e)

- show the degree of overshoot of the resource (R), consumer (C), and omnivore (P) following the
- 690 perturbation and (c) and (f) show the difference in maximum and minimum density of resource
- 691 (R), consumer (C), and omnivore (P).



692 Figure 5. Empirical examples of dynamic omnivory along passive-active (a,b) and bottom-693 heavy-top-heavy continuums (c-e). (a) Bighead carp demonstrate passive omnivory as they 694 consume trophically distinct prey sources relative to their density through time with a fixed 695 preference. (b) American black bears demonstrate active omnivory as they shift preference and actively forage on caribou calves during caribou calving season. (c) Seasonal changes in relative 696 697 zooplankton and phytoplankton availability drive bottom-heavy shifts in degree of omnivory as 698 amphipods. (d) Agricultural land-use change increases nutrient loading in streams and drives bottom-heavy increases in degree of omnivory in creek chub, increasing their biomass and 699 700 driving top-heavy omnivory. (e) Increasing access to littoral zone (productivity gradient) 701 increases biomass of lake trout and drives top-heavy increases in their degree of omnivory.

Key Term	Definition
Omnivory	Feeding at more than one trophic level by generalist predator (P).
Consumptive Portfolio effect	Statistical averaging of community biomass, where the sum of several random and independently varying population biomass' is less variable than an average population's biomass. Adapted from a long-standing economic principle that more diversified portfolios are less volatile.(Doak et al. 1998, Tilman 1999) Here, the consumptive portfolio effect is the average prey density available to omnivores harnessing asynchronous fluxes in consumer (C) and resource (R) biomass.
Degree of omnivory	A measure of the contribution of R to P's diet, measured as the ratio of R/(R+C) consumed by P. Equation: $Deg_{om} = \Omega a_{RP}R/(\Omega a_{RP}R+(1-\Omega)a_{CP}C)$ ; see supplemental material S1 for parameter definitions.
Passive omnivore	The omnivore has a fixed preference ( $\Omega$ ) (scaling of its attack rate) on R relative to C. The degree of omnivory passively tracks changes in R and C densities. Equation: $Deg_{om} = \Omega a_{RP}R/(\Omega a_{RP}R+(1-\Omega)a_{CP}C)$ , where $\Omega$ is constant; see supplemental material S1 for parameter definitions.
Active omnivore	The omnivore modifies preference (scaling of attack rates on R and C respectively), depending on the ratio of $\omega R/(\omega R+(1-\omega) C)$ , where $\omega$ measures the speed with which the omnivore's attack rates on R and C respond to changes in their availability. Equation: Deg <sub>om</sub> = $\Omega a_{RP}R/(\Omega a_{RP}R+(1-\Omega)a_{CP}C)$ , where $\Omega = \omega R/(\omega R+(1-\omega)C)$ ; see supplemental material S1 for parameter definitions.
Bottom-heavy omnivory	Changes in degree of omnivory are driven purely by bottom-up abiotic influences (e.g., seasonal changes in productivity) that alter densities of R and C.
Top-heavy omnivory	Changes in the degree of omnivory are driven by cascading impacts of increasing top-heaviness after a change in resource availability.

# 702 Table 1. Definitions of Key Terms Related to Dynamic Omnivory

# 705 Table 2. Empirical Examples of Dynamic Omnivory.

Ecosystem	Omnivory Mechanism	Type of Omnivore	Changing Condition	Taxa	Metric of Changing Omnivory	Reference
Freshwater						
Lake	Bottom- Heavy	Passive	<b>Temporal:</b> temporal changes in fish trophic position and diet composition in response to seasonal changes in resource availability	Silver Carp (Hypophthalmichythys molitrix) & Bighead Carp (Hypophthalmichythys nobilis); Zooplankton; Phytoplankton	Stable Isotope & Stomach Content Analysis	(Yu et al. 2019)
Stream	Bottom- Heavy	Passive & Active	<b>Temporal</b> : temporal changes in amphipod and caddisfly trophic position in response to seasonal changes in aquatic & terrestrial resource availability	Amphipod ( <i>Gammarus</i> <i>pulex</i> ) & Caddisfly larvae ( <i>Hydropsyche spp.</i> ); Benthic macroinvertebrates; Algae/Detritus	Stable Isotope Analysis	(Hellmann et al. 2013)
Lake	Bottom- Heavy	Active	<b>Temporal:</b> temporal changes in Dolly Varden diet composition in response to seasonal pulse in salmon eggs during salmon spawning migration	Dolly Varden ( <i>Salvelinus malma</i> ); Sockeye salmon eggs ( <i>Oncorhynchus nerka</i> ); Macroinvertebrates	Stomach Content Analysis & Physiological changes in gut size	(Armstrong and Bond 2013)
River	Bottom- Heavy	Active	<b>Temporal:</b> temporal changes Rudd trophic position in response to seasonal changes in resource availability driven by temperature	Rudd (Scardinius erythrophthalamus); Emerald Shiner (Notropis atherinoides); Macrophyte (Stuckenia pectinata)	Stable Isotope Analysis	(Guinan et al. 2015)
Lake	Bottom- Heavy	Active	<b>Spatial &amp; Temporal:</b> spatial and temporal changes in cisco diet composition in response to seasonal & spatial changes in resource availability	Cisco (Coregnous artedi); Round Goby (Neogobius melanostomus) & Alewife (Alosa pseudoharengus); Bythotrephes longimanus	Stomach Content Analysis	(Breaker et al. 2020)
Lake	Bottom- Heavy	Undetermined	<b>Temporal:</b> temporal changes in fish diet composition in	Roach ( <i>Rutilus rutilus</i> ); Macroinvertebrates;	Stomach Content	(Persson 1983)

			response to seasonal changes in resource availability	Algae/Detritus	Analysis	
Floodplain	Bottom- Heavy	Undetermined	<b>Temporal:</b> temporal changes in omnivorous fish diet & trophic position in response to seasonal changes in resource availability driven by seasonal flood pulse	Omnivorous fish species (e.g., <i>Channa</i> spp.); Prey fish; Invertebrates; Plant material	Stomach Content & Stable Isotope Analysis (Field Collection & Literature Synthesis)	(McMeans et al. 2019)
Stream	Bottom- Heavy	Undetermined	<b>Spatial:</b> spatial change in macroinvertebrate omnivores trophic position driven by gradient in agricultural eutrophication along stream	Stream secondary consumers; stream primary consumers; stream primary producers	Stable Isotope Analysis	(van der Lee et al. 2021)
Stream	Bottom- Heavy	Undetermined	<b>Temporal:</b> temporal changes in fish diet composition in response to seasonal changes in resource availability and temperature	Omninvorous Fish Species ( <i>Bryconamericus iheringii</i> ); Fish/Aquatic & Terrestrial Invertebrates; Algae/Plants/Detritus	Stomach Content Analysis	(González- Bergonzoni et al. 2016)
Stream	Bottom- Heavy & Top-Heavy	Undetermined	<b>Spatial:</b> spatial heterogeneity in trophic position of creek chub in response to changing resource availability along an agricultural land-use gradient	Creek chub ( <i>Semotilus</i> <i>atromaculatus</i> ); Benthic Invertebrates (e.g., <i>Ephemeroptera spp.</i> ); Algae	Stable Isotope Analysis	(Champagne et al.)
Lake	Top-Heavy	Active	<b>Spatial:</b> spatial change in lake trout trophic position in response to changing prey availability driven by increasing lake size	Lake trout ( <i>Salvelinus</i> namaycush); Cisco ( <i>Coregonus artedi</i> ); Zooplankton	Stable Isotope & Biomass Analysis	(Tunney et al. 2012)
Mesocosm Experiment	Top-Heavy	Undetermined	<b>Spatial &amp; Temporal:</b> spatial and temporal heterogeneity in prey biomass density patterns in response to differential omnivorous fish densities	Bighead Carp ( <i>Aristichthys</i> nobilis); Invertebrates ( <i>Leptodora richardi</i> ); Zooplankton (e.g., Daphnia); Phytoplankton	Biomass Density Analysis (Mesocosm Experiment)	(Zhao et al. 2016)
Marine						

Coastal River Watershed	Bottom- Heavy	Active	<b>Temporal:</b> temporal changes in brown bear diet composition and habitat use in response to	Kodiak Brown Bears (Ursus arctos middendorffi); Sockeye	Habitat Use (aerial surveys, telemetry,	(Deacy et al. 2017)
Estuary	Bottom- Heavy	Passive	<b>Temporal:</b> temporal changes in copepod diet composition in response to seasonal changes in resource biomass distributions	Copepod ( <i>Centropages</i> hamatus & Labidocera aestiva); Nauplii (Acartia tonsa & A. hudsonica); Phytoplankton	Grazing Rate & Stable Isotope Analysis	(Conley and Turner 1985)
Inter-tidal Zone	Bottom- Heavy	Active	<b>Spatial:</b> spatial changes in crab diet composition & trophic position in response to spatial heterogeneity in resource availability along beach width gradient	Ghost Crabs (Ocypode quadrata); Mole crabs (Emerita talpoida) & Coquina clams (Donax variablis) & Amphipods (Talorchestia sp.,); Macrophyte wrack	Stable Isotope Analysis	(Tewfik et al. 2016)
Mesocosm Experiment	Top-Heavy	Undetermined	<b>Spatial:</b> heterogeneity in shrimp diet & biomass dynamics of algae & amphipod in response to a shrimp presence/absence & resource availability gradient mesocosm experiment	Shrimp ( <i>Palaemon</i> <i>elegans</i> ); Amphipod ( <i>Gammarus spp</i> .); Ephemperal Macroalgae	Biomass Density Analysis (Mesocosm Experiment)	(Eriksson et al. 2011)
Fjord	Bottom- Heavy & Top-Heavy	Passive & Active	<b>Spatial:</b> spatial heterogeneity in lobster trophic position along resource productivity & availability gradient driven by kelp bed habitat density	Red Rock Lobster ( <i>Jasus</i> edwardsii); Mussels (e.g., Mytilus edulis galloprovincialis); Kelp (Ecklonia radiata)	Field Density Surveys/Stable Isotope Analysis	(Jack and Wing 2011)
Arctic	Bottom- Heavy	Undetermined	<b>Temporal:</b> temporal change in benthic omnivore diet in response to seasonal changes in resource availability	Amphipod <i>spp</i> .; Zooplankton; Phytoplankton/Algae	Fatty Acid Analysis	(Werner and Auel 2005)
Strait	Bottom- Heavy	Passive	<b>Temporal:</b> temporal changes in diet, stable isotope and fatty acid composition of jellyfish in response to seasonal changes in resource availability	Scyphozoan Jellyfish ( <i>Pelagia noctilica</i> ); Fish Larvae/Fish eggs; Zooplankton; Phytoplankton	Stomach Content, Stable Isotope, & Fatty Acid Analysis	(Milisenda et al. 2018)

Mix of bogs, heaths,			seasonal changes in resource availability driven by resource phenology patterns <b>Spatial &amp; Temporal:</b> temporal changes in black bear diet	Salmon (Oncorhynchus nerka); Red Elderberry (Sambucus racemosa) American Black Bear	cameras) & Scat Analyses	
barrens, & coniferous and mixed forest	Bottom- Heavy	Active	composition & habitat use in response to spatial heterogeneity & seasonal changes in resource availability driven by calving season	(Ursus americanus); Caribou Calves (Rangifer tarandus); Ants (family Formicidae); Vegetation	Habitat Use (telemetry) & Scat Analyses	(Rayl et al. 2018)
Arctic	Bottom- Heavy	Undetermined	<b>Spatial &amp; Temporal:</b> spatial & temporal (seasonal) changes in polar bear diet composition in response to seasonal changes in resource availability driven by ice-on/ice-off	Polar Bear ( <i>Ursus</i> maritmus); Animals (e.g., seals, seabirds, rodents); Vegetation/Algae	Scat Analysis	(Gormezano and Rockwell 2013)
Boreal Forest	Top-Heavy	Passive	<b>Spatial:</b> spatial heterogeneity in diet composition & habitat use in response to spatial heterogeneity in resource distribution during calving season	American Black Bear (Ursus americanus); Caribou fawns (Rangifer tarandus caribou) & Moose calves (Alces alces); Vegetation	Movement and habitat selection analyses (telemetry)	(Bastille-Rousseau et al. 2011)